AKE A LOOK BACK AT 23 YEARS OF HISTORY IN OU

ISSUE 1101 16 - 29 MAY 2016



NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMU

Thanks for reading... now it's Our East End

East End Life makes way for magazine and digital media

NEW MAYOR HITS THE ROOF



New Mayor of London Sadiq Khan is pictured with pupils in the roof garden of Sir John Cass's Foundation Primary School in Aldgate on Friday, May 13. Mr Khan used his visit to announce a formal consultation on a package of measures to tackle air pollution. The school has championed a number of green initiatives as it is situated close to busy roads, in an area known for high pollution levels.

BY HELEN WATSON

AFTER 23 years, this edition of East End Life will be our last.

The paper was first published by the council in 1993, to promote services and help foster unity and community cohesion, following the election of a BNP councillor on the Isle of Dogs.

Our aim was to publish news about called Our East End. the council and the community, promoting the history and beauty of our brilliant and unique borough, while keeping residents informed about what was happening, how to access services and better their quality of life.

We have covered major events affecting local people, from the Brick Lane and 7/7 bombings, Royal visits and the London 2012 Olympic games, to the revamp of Victoria Park and the transformation of Docklands.

East End Life has tried to give a voice to community groups who do a vital job, often without funds and staffed by volunteers.

As well as showcasing council services and information, the great work of our your inbox. NHS trusts, colleges and schools has been highlighted.

like to thank all of our readers and those who have contributed to the throughout this edition.

paper down the years, sending us their stories, views and photos.

We are obviously biased, but Tower Hamlets is one of the most interesting boroughs in London, bursting full of news, things to do and places to go, and its people are the best!

The council will be replacing East End Life with a quarterly magazine

The first edition will be out on June 13 and delivered through your door, just like East End Life.

Our East End will include news and information about council services, plus features like walk of the month and the history pages.

You will still be able to find out about events and activities taking place across the borough – the first edition will focus on parks and open spaces and making the most of the summer.

There are other ways to keep in touch with what's going on, including our recently launched e-newsletter, which includes offers and information as well as council news delivered to

You can also follow the council on Twitter (@towerhamletsnow), The team on East End Life would Facebook, Instagram and YouTube - information on these can be found

Snap to it!

Share your favourite photos of the borough at www.instagram.com/ towerhamletsnow/

www.instagram.com



Death sparked anti-racist movement

Altab Ali was a Bangladeshi textile worker murdered by three teenagers on May 4, 1978 in a racist attack as he walked home through the Whitechapel park that now bears his name.

SEE BELOW

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. Tel: 7364 3179 Fax: 7364 4917 Email: eastendlife.news@towerhamlets.gov.uk



Editor Helen Watson Tel: 7364 3173 **Deputy Editor Russell Cotman** Tel: 7364 4128

Reporter Jessica Odubayo Tel: 7364 4365

Photos Kois Miah Tel: 7364 3253

Advertisement Manager Sharan Ahmed Tel: 7364 4061 **Senior Advertising Sales**

Christine O'Doherty Tel: 7364 4994

Senior Advertising Sales Executive **Fatima Khan** Tel: 7364 4623

Advertising Production Controller & Sales Executive Terri Gornall Tel: 7364 4682

Distribution Manager & Finance

Abdul Miah Tel: 7364 0474

East End Life is published by Tower Hamlets Council with a print run of 99,000 copies delivered to homes, organisations and businesses in the borough every week



The official independently audited door-to-door delivery is 82,395 Audit Bureau of Circulation (ABC Regional) July-Dec 2015.

Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.

East End Life is printed on recycled paper when you have finished with the newspaper, please recycle it.





Printed by Trinity Mirror.

Marketing, Unit 6, Crescent

Tel: 8940 0666

Distributed by London Letterbox

Court Business Centre, E16 4TG.

If you know someone who does

7364 0474 or email abdul.miah@

not receive East End Life call

towerhamlets.gov.uk



Facebook /towerhamletscouncil Twitter @TowerHamletsNow **Instagram @TowerHamletsNow**







Mayor Biggs and Cllr Mukit at the event in Whitechapel's Altab Ali Park

Remembering Altab Ali

BY CHRIS UNDERWOOD

A CEREMONIAL event was held in Whitechapel to mark Altab Ali Day.

The event, which included a wreath laying, poetry readings and speeches, took place in the park which now bears his name

Altab Ali's racially motivated murder in 1978 mobilised an anti-racist movement, urging the public to make a stand against the hatred and racial intolerance which was rife in certain parts of London at the time.

The ceremony, organised by the council, included speeches from Mayor John Biggs, Cllr Abdul Mukit MBE and representatives of the Altab Ali Foundation and Altab Ali Trust.

The Bangladeshi High Commissioner also spoke, with poetry readings from Salam

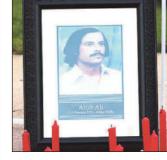




Jones, Stephen Watts and hip-hop artist Shav D.

The ceremony was followed by a discussion at the Kobi Nazrul Centre. The day ended with a performance of The Altab Ali Story, staged at the Brady Arts Centre by the Swadhinata Trust.

Mayor Biggs said: "Altab Ali's murder and the subsequent demonstrations showed peo-





ple they were not alone in suffering or fearing violence.

"We want to keep alive the important message of community cohesion; about standing united against racism."



Inside this week's issue

Schools news6	History21-2
Useful information8	Council information26 & 2
Civic awards14 & 15	Out and About Guide28-
Harmony18 & 19	Eating Out, Eating In
Walk of the Month21 & 25	Sport41-4



Like us on Facebook

Get all the latest news and events from Tower Hamlets on our Facebook page at facebook.com/towerhamletscouncil from parties and parks, to markets and the mela.



A safe haven

BowHaven supports local residents with mental health issues.

WWW.BOWHAVEN.ORG.UK

Borough in top five for school admissions

NINETY-six per cent of Tower Hamlets children starting reception in September have got a place at one of their top three preference schools.

The figure, obtained through the Pan London Admissions Scheme, puts Tower Hamlets in the top five London boroughs for primary admissions success.

Over 87 per cent of children are due to attend their top choice schools. This marks

BY NATHAN AKEHURST an improvement on results, two per cent places in early June. This year, 3,500 above last year's.

> Our secondary admissions rate has also surpassed averages, with 93 per cent getting a place in one of their top three secondary schools

> of their application on April 18. Those not offered a place at a preferred school places remaining.

> Children whose parents applied after the application closing date will be allocated

children will be starting in a Tower Hamlets primary school.

Terry Bryan, council head of pupil services, said: "These results show our commitment to improving every year, Families were notified of the outcome and offering every child the best start

"We have built a culture of success, have one reserved at a local school with which enables us to provide parent choice and quality at a standard well above the London average, in spite of ongoing pressure on school places.



BLOOD SWEPT LANDS AND SEAS OF RED. AN INSTALLATION OF MORE THAN 800,000 CERAMIC POPPIES IN THE DRY MOAT AT THE TOWER OF LONDON TO COMMEMORATE BRITISH MILITARY FATALITIES DURING WWI, ATTRACTED HUNDREDS OF THOUSANDS OF VISITORS.

Register for vote on EU

DON'T miss out on your opportunity to have your say on whether the UK remains in or leaves the **European Union.**

The EU Referendum will take place on Thursday, June 23.

If you are not already, you need to register to vote by Tuesday, June 7

Registering to vote is easy. Visit www.gov.uk/register-tovote to apply online.

Contact the council's elections team to find out if you are registered. Email vote@tower hamlets.gov.uk or call 7364

If you can't vote in person, you can still have your say by applying for a postal vote or proxy vote (where a person you trust votes on your behalf). Go to aboutmyvote.co.uk to

Not everyone who was eligible to vote at the elections on Thursday, May 5 will also be eligible to vote in the EU Referendum. European Union citizens are not eligible.

To find out whether you can vote go to aboutmy vote.co.uk



ARTwork, that helps people with mental health issues tell their stories and share aspects of their lives that are often hard to describe, is on show at Bow Idea Store. BowHaven, a userled centre that promotes health, confidence and wellbeing, launched the exhibition on May 12. Service users at the centre's art group produced the paintings and drawings. Mental health professionals, service users, residents and Cllr Amy Whitelock-Gibbs, lead member for health and adult services, were among those who attended. If you are experiencing mental health issues and would like support, call BowHaven on 7364 5531. Our picture features service user and artist Ted.



Help find missing Tamisha

Tamisha Cherubin, 15, of Bow, was last seen at 6.30pm on Poplar. She is around 5ft tall 16MISo19128.

POLICE in Tower Hamlets are with short black curly hair. She appealing for information on was wearing a black hoodie, the whereabouts of a missing yellow Converse trainers and dark tracksuit bottoms.

Anyone with information on her whereabouts is asked to Monday, May 9 in Nairn Street, call 101, quoting reference

News in brief Knifeman sought

DETECTIVES investigating two knife incidents in the same Isle of Dogs street are appealing for witnesses and information.

The first incident took place on Saturday, May 7 at about 5.15pm on Cassilis Road, E14. The suspect followed then robbed a woman of her black handbag at knife point.

On the second occasion on Tuesday, May 10 at about 10am, the suspect approached a woman on the same road with a knife, but she managed to run away.

Police officers, who believe the incidents may be linked, will be providing reassurance in the area and are asking people to be vigilant and report anyone acting suspiciously.

The suspect is described as a white man, gaunt and unkempt in appearance. He had a graze or cut to the left side of his face, along his jaw line. He is 6ft or more tall and was wearing a black hooded jumper and black jogging bottoms.

Anyone with information is urged to contact detectives on 07786 274842 or to remain anonymous, call Crimestoppers on 0800 555 111. Quote reference 4212216/16.

New GLA member

UNMESH Desai has been elected as constituency member of the Greater London Authority for City and East London. The Labour member represents constituents across Barking and Dagenham, The City of London, Tower Hamlets and Newham.





OPEN DAY



Saturday 28th May 2016

New Site Launch

11am to 3pm

Jagonari Centre

183-185 Whitechapel Rd, London E1 1DN

FREE Early Education Places for 2 year olds* hours a week of FREE preschool available for 3 4 4 year olds











Sign up for email newsletters

Get local news, offers and info straight to your inbox – simply sign up at www.towerhamlets.gov.uk/signup and select your areas of interest – be it culture, children or community safety.

WWW.TOWERHAMLETS.GOV.UK

Mile End in the media

The Mile End Community Project specialises in youth and community engagement via film and media.

WWW.MILEENDCOMMUNITYPROJECT.ORG

News

Council plans to limit impact of Housing Act

THE council has set out plans to minimise the impact of the government's Housing and Planning Act 2016.

The legislation could spell the loss of social housing in the borough.

The council has developed a new strategy to help mitigate the act and wants to hear residents' views.

Mayor John Biggs has pledged to build 1,000 new council homes and is looking at ways to help residents who are being priced out of renting or buying homes where they grew up.

The act, which received Royal assent on Thursday, May 12 will force the council to sell off its homes to the highest bidder.

The government has pledged

BY SHALINA HUSSAIN to extend the Right-to-Buy a new home which is more scheme to housing associations, suitable. but intends to raise the funds to meet the cost of the scheme through these sales

While there is a commitment to replace these homes, there per year. is no guarantee that they will be council homes in Tower Hamlets, nor that they will be available at affordable rents.

While local council tenants have benefited from lifetime tenancies of up to ten years for new tenants, which will require these households to have their housing needs reviewed on a able to whom? regular basis.

If, for instance, a council tenant no longer needs as many bedrooms as they once did; for example, if older children have this new legislation will only left home, they may be offered

Another plank of the act is a move to charge households higher rents if the occupants' joint income exceeds £40,000

The money raised through the increased rents will go back to the Treasury and not be reinvested in housing.

Mayor Biggs said: "The Housing and Planning Act presents secure tenancies, the act a real threat to Tower Hamlets introduces new fixed-term as a community, not just to its social housing tenants.

> "There is much talk about affordable housing, but afford-

"Many residents cannot afford the rents being asked, and as the housing crisis deepens, the introduction of make this problem worse."

Cllr Sirajul Islam, deputy mayor and cabinet member for housing, added: "We are keen to work closely with local people to help shape and develop our own independent housing strategy, and urge residents to make sure that their voices are heard."

Over the next few months the council will be hosting a series of events for residents to take part in, giving them an opportunity to air their views and ask questions of the council.

You can also take part in an online survey at www.tower hamlets.gov.uk/housingstrat



THE COUNCIL PASSES THE FIRST HURDLE TOWARDS A HERITAGE LOTTERY FUND **GRANT FOR VICTORIA PARK.**





COMMUNITY and leadership were the themes of an event hosted by a voluntary organisation in Mile End. Mile End Community Project raised questions which challenged the traditional understanding of local identity and delegates spoke about how community leaders impact on their lives. Participants including residents, Dr Amit Rai of Queen Mary University, Amanda Garrett of Georgetown University, and Paul Wilson of Eastend Homes said they would work together to make Mile End more cohesive.



Full funding available for most of our courses

Enrolling for AAT, Access to Nursing and Early Years **Educator**

Our Head Office Address Mitchell House 1 Kitcat Terrace Bow, London E3 2SA

Abis Resources 020 8980 5552

Fairies and Elves

New Ofsted Registered Nursery and Day Centre has opened at Bow. To register your interest or to visit the nursery for your child's admission

03333 222 786 / 07576 222474

We take children from 6 months to 5 years Funding available from 2 years and 3-5 years old from the Local Council (eligibility criteria applies)

Levels 3 and 4 Health and Social Care Level 3 Access to Nursing and Midwifery

Level 3 Early Year Educator (GCSE - Eng, Maths A-C Grade, required)

Levels 3 and 4 Business Administration

Levels 3 and 4 AAT Accounting

Levels 3 and 4 Customer Service

Levels 3 and 4 Management

Level 4 Education and Training **Level 3 Teaching Assistants**











Contact the mayor

To contact the mayor, call his office on 7364 4993 or email him at mayor@towerhamlets.gov.uk

www.towerhamlets.gov.uk/mayor



Like us on Facebook

Get all the latest news and events from Tower Hamlets on our Facebook page at facebook.com/towerhamletscouncil from parties and parks, to markets and the mela.

FACEBOOK.COM

News

Love it or not, it's time to move on

THIS week marks the end of an era - the last edition after more than 20 years of East End Life.

Some of you love it, others not! To replace it, we are sharpening up our communications, including use of the internet and 'new media' but still with something to thud on your doormat from time to time.

Keeping you informed, with news and information, remains a priority in our great borough.

This Wednesday, I will give the first 'State of the Borough' speech at the annual meeting of the council. I will be reflecting on my first year as mayor, and setting out challenges we face.

Looking back now, the situation on my first day in the job was not ideal. The previous mayor had been thrown out of office, the government had taken over many council functions a corner in our reputation. because of his actions, many senior management positions were unfilled, and we had a damaged reputation and a load of delayed decisions.

Crucial budget decisions had not been properly thought through, with the changes made East End (that's our new publiby other councils avoided.

though we were saved by the many excellent and dedicated spite of the instability. So can I record my thanks to them.





A year later, I am proud of improvements in many areas - a budget reflecting residents priorities, with more money for street cleaning and to tackle anti-social behaviour, a new chief exec in place, and councillors working hard to improve services in all areas.

And we seem to have turned

But many challenges remain - not least a massive financial one that will make next year very difficult, and the work needed to continue to heal recent divisions in our borough.

I am clear that this is Our cation's name!), and that means I inherited a council in crisis, all of us, and that I and we are here to serve you. Please feel free to contact me at staff who got on with it in mayor@towerhamlets.gov.uk with any concerns or comments.

Mayor John Biggs



Friends, teachers, pupils, lend me your ears

PUPILS witnessed a Shakespearean takeover when teachers and support staff took lessons dressed as some of the Bard's most famous characters.

To celebrate national Shakespeare Day, staff at Morpeth School in Bethnal Green were asked to dress up as either a character or to represent a famous quote from his plays and sonnets.

A quiz listed characters and

BY JESSICA ODUBAYO supporting information and year anniversary of his death." pupils had to match staff to the text

> English teacher Joanna Clark said: "We decided this was a good way of bringing Shakespeare's work alive for pupils and to show them that his work is still relevant to today.

"Many words we still use in the English language were coined by the Bard, such as 'amazement', 'champion', 'fashionable', and 'puking', and so he is still with us every day.

quotes along with snippets of engaged with him on the 400 over a 1,000 books, ranging

To keep up the literary theme

Morpeth also staged a book give away.

Up to 200 adults and children queued to pick up books being given away, for free.

Event organiser Morpeth librarian Amanda Ball said: "We want to share our love of reading with the wider Tower Hamlets community and decided our Big Book Give Away would be the best way to do this.

"We started by appealing for "We wanted pupils to feel donations and ended up with

from adult and teen to children and comic books?

Ruth Marx, religious studies

teacher, as Lady Macbeth

Rebecca Durand, a resident who attended, said: "It's a great event and exciting to see so many people rushing to

LANDLORDS...... **OPTIMIZE YOUR RENT**

- Free Refurbishment
- 3 Months paid in advance
- Basic Maintenance FREE
- All Certificates FREE
- FREE Management
- 0% Commission
- 1-5 Years Guaranteed Rent



Incentive for an introducer up to £500 Properties Urgently Required In All East London Boroughs

> ampleproperties.co.uk 0207 488 1140

137 Cannon Street Road, E1 2LX

Sweet success in speaking out

WINNERS of a competition, which aims to give year 10 students the skills and confidence to speak in public, have been announced.

Sir John Cass Redcoat School in Stepney hosted the Tower Hamlets regional final of Jack Petchey's Speak Out Challenge.

Participants from schools across the borough presented speeches about topics of interest and importance to them.

Winner Sweety Tabassum (pictured), from Sir John Cass Redcoat, gave a speech entitled Open Mindedness and will now compete in the finals, where she will represent the borough.



Sweety said: "Although the event had me nervous for days, it was such an exciting experience and I was definitely happy with the outcome."

Leena Hussain, interim headteacher of

the school, said: "We felt privileged to be hosting such a prestigious event, especially as public speaking is so important in all

"We are immensely proud of the young people across Tower Hamlets who participated in the challenge. It was a very successful evening for Sir John Cass Redcoat, as both. We want to wish Sweety the best of luck for the grand finals."

Iqra Amani, from Bethnal Green Academy who spoke on Islamaphobia came second and Maisha Firdaws of Sir John Cass Redcoat School came third with her speech entitled Cake.



Follow us on Twitter

Get the latest news, events and service updates from the council The Cycle Superhighway 2 Extension by following us on Twitter at **twitter.com/towerhamletsnow** – from recycling and road closures, to football and food.

Safer cycling

(CS2X) opened in November 2013. from Bow roundabout to Stratford.

SEE BELOW

News

Teenage serial robbers face lengthy jail term

TWO teenagers have been jailed for a series of robberies across Tower Hamlets, Newham, and Waltham Forest.

Sixteen-year-olds John Smith of Romford Road, E7 and Shemar Williams of Chestnut Avenue, E7 both pleaded guilty to conspiracy to rob.

The total number of offences was 34.

The victims were either riders of mopeds who were robbed of their bikes or women whose bags were forcibly taken after the pair had ridden behind them.

Smith was sentenced to five years' imprisonment with a further two years on licence when released. Williams was



Shemar Williams



John Smith

jailed for three-and-a-half years' and sentenced to 18 months' imprisonment consecutively for two separate knife-point robberies

account were carried out at night and who secured this successful conviction. often a weapon, such as a hammer or a knife, was used. Violence was used against

the victims, and one man was hospitalised after being robbed of his moped.

The sentencing, at Snaresbrook Crown Court on Friday, April 29, concluded a successful investigation by a unit set up by police, dedicated to investigating the series of robberies.

The team was made up of officers from the three boroughs where Smith and William's offending took place.

The judge commended the officers involved in the investigation and lifted reporting restrictions.

Detective Superintendent Raffaele D'Orsi All but two of the robberies taken into said: "I want to commend my colleagues

> "Their work has led to two dangerous individuals being taken off the streets."



2015

MICHELLE OBAMA, FIRST LADY OF THE **UNITED STATES VISITED MULBERRY** SCHOOL FOR GIRLS AND SPOKE ABOUT **HOW ITS STUDENTS** INSPIRE HER.

NHS invites your opinions

are inviting people to help develop new ideas about health services in the borough.

Commissioning Group (CCG) is holding the 2016 Health Conversation, a family fun day where residents can ask ques-

DOCTORS and NHS staff tions, vote on priorities and give important feedback.

> There will also be workshops on primary care.

The event is on May 21, NHS Tower Hamlets Clinical from 11am-2pm, at St Paul's Church Old Ford, St Stephen's Road, Bow.

> Visit www.towerhamlets ccg.nhs.uk or call 3688 2500.

A NEW linear park has been opened at a Poplar housing development.

Mayor John Biggs officially opened the park, which runs through Aberfeldy Village, a £250m regeneration project. The area is being developed by Poplar HARCA housing association and property and construction company Prime Place. When complete, it will feature more than 1,100 homes, as well as community facilities. Cutting a ribbon and unveiling a plaque on a park bench, Mayor Biggs (pictured) said: "It is very good to see the continuing regeneration of the Aberfeldy area and the excellent work being carried

out by Poplar HARCA and



Prime Place, with the support of the council." Designed by architects Levitt diversity strategy is being Bernstein, the park is lined by liquid amber trees and provides a splash of colour

all year round. To protect and encourage wildlife, a developed and will create new habitats.

Visit www.primeplace.co.uk

Safety comes first on new superhighway

ride the upgraded Cycle Superhighway 2, which is now open between Aldgate and Bow roundabout.

The largely segregated route into central London aims to improve safety for all.

It features 'two-stage right turns'; earlyrelease traffic lights; separate traffic signal phases for cyclists and other traffic turning left; improved facilities for pedestrians including new crossing facilities.

RESIDENTS are being encouraged to countdown technology; and bus stop bypasses where cyclists are taken behind bus shelters.

The new junctions were developed by Transport for London (TfL) in collaboration with the Department for Transport. The A11 has also been resurfaced.

TfL will be completing minor finishing works this May. Pedestrian improvement works are also continuing at Bow Interchange to provide

Help your child with a free academic assessment



BOOK TODAY!

020 8819 3276

Spaces limited!

charlie@minervatutors.com

Ages 7 - 13

English, Maths, Reasoning

Free advice from expert education consultants

24th - 25th May

3.30pm - 6.30pm

Newly opened centre

11 Shipton Street, **E2 7RY**



For your information

Parking to pest control, **TOWER HAMLETS** housing to hate crime

TURN TO PAGES 26 & 27



Take a look at our YouTube videos

With videos and animation explaining welfare reform, adoption, planning and much more, check out the council's YouTube channel at **youtube.com/towerhamletscouncil**

YOUTUBE.COM

Useful information



Partnership to pay dividends

News from the council's children's services team

THE weather's getting warmer, and we're nearly halfway through the year - and what a great few months it's been for children and families achieving.

Three local schools were recognised by the government's pupil premium awards as being among the best in London for disadvantaged children.

Ninety-six per cent of Tower Hamlets children starting reception in September have gained a place at one of their top three preference schools, which is well above the London average.

Meanwhile, 93 per cent of applicants have secured a place in one of their top three secondary schools.

success in our schools, we're investing in the new Tower Hamlets Education (THE) Partnership.

This will work with schools and the council to improve results, develop and share good practice, and provide excellent professional development and training for staff and governors.

Outside the classroom our sporting success continues. Sixty-nine local athletes are being supported to realise their Olympic dreams by the council and its partners.

This comes shortly after

more than 800 young players participated in one of the most exciting Mayor's Cup's ever.

Meanwhile, hundreds of people packed out the Atrium in Shoreditch for the Foster Carers' Awards, which recognised the hard work and dedication of our foster carers to giving children the best start possible in life.

And we've been working with the Department for Education on a campaign ensuring that everyone in the community is equipped and confident in reporting the signs of child abuse.

We've also stepped up our efforts across the board to keep children safe from violence, extremism and gang activity.

Finally, our new Children and Families Plan is being launched, which sets out our priorities and ensures all the good work of the past continues, while To maintain the culture of being honest about the challenges we face and how to work through them

> This is my last column here, as East End Life is being replaced by a new, quarterly publication among other ways of reaching you.

> I'll continue to ensure that we use all the channels we have to keep you informed about what we're offering, and to listen and respond to your views, which will always be at the heart of our plans.

> > By Debbie Jones, Director of Children's Services

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm. Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm. Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays. Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm. Tesco, Hancock Road: Mon 8am-10.3opm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm. Britannia (Perimart). Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers.

Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgdale Street, E3. 8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-3.30pm. 7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop- in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1.

www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3

1-9 Birkbeck Street, E2. 7739 7720 www.account3.org.uk

Bangladesh Youth Movement

21-23 Henriques St, E1. 7488 1831/2

Bromley by Bow Centre

St Leonard's Street, E3. 8709 9737 www.bbbc.org.uk

Citizens Advice Bureau (CAB)

32 Greatorex Street, E1. 7247 1050 www.adviceguide.org.uk

Island Advice Centre

Island House, Roserton Street, Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

Legal Advice Centre

University House, 104 Roman Road, E2. 8980 4205 www.legaladvicecentre.org.uk

Limehouse Project

Cheadle Hall, Cheadle House,

Copenhagen Place, E14. www.limehouseproject.org.uk

Praxis (New Residents Service)

Pott Street, E2. 7729 7985 www.praxis.org.uk

The Tower Hamlets **Community Advice Network**

THCAN is a partnership of local advice centres that provide free advice. www.thcan.org.uk

Tower Hamlets Law Centre

(specialist advice by appointment) Tower Hamlets Law Centre, Unit 1, St. Anne's Street, off 789-791 Commercial Road, E14. 7538 4909 www.thlc.co.uk

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@tower hamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name	
Address	
i	
I Icciie no	Page no

Debt advice

Toynbee Hall Advice Service 28 Commercial Street, E1.

7392 2953 advice@toynbeehall.org.uk

www.toynbeehall.org.uk

Fair Money Advice

530 Commercial Road, E1. 7702 8032 www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton Street Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

National Debt Line

0808 808 4000 www.nationaldebtline.co.uk

7392 2914



Download your favourite Flickr photos

Have a look at photos taken at events and landmarks all around the borough and download your favourite from the council's Flickr page at flickr.com/photos/towerhamletscouncil

Balancing the books

The council needs to save £5 million from the public health budget as a result of a funding shortfall.

SEE BELOW

News

Government cuts force £5m of savings on council budget

THE council has set out proposals to save £2.3 million from the borough's public health budget.

This is as a result of funding cuts from the government and the council will be setting out plans for a further £2.7m of savings in the next few weeks.

Millions of pounds have been wiped from the council's budget to spend on preventative health care and wider health improvement. In total, it will have to save £5 million this year, with further cuts expected in future years.

All councils now have to make difficult choices about which public health services to prioritise and the borough

of spending limited resources to improve changing the way tobacco and stop and make their views known." health and care services. The council is committed to consulting fully with local residents, service users, community these changes.

Public health includes services to promote health and prevent disease such as stop smoking, obesity, drugs and alcohol, sexual health, early years and make significant changes to some school health services.

New savings proposals put forward

screening and sexual health promotion, so people access more services in the

BY ALISON LANGLEY has to carefully consider the best ways community rather than in hospital; residents and key partners to get involved smoking programmes are delivered, to target people who need the most support;

> reducing funding to some health groups and service providers on improvement and prevention projects such as weight management.

Mayor John Biggs said: "Further cuts to the council's public health budget by the government mean we need to overall savings target of £5m.

"There are no easy decisions but we reviewing sexual health clinic and want to make sure that, where possible, contraception services, chlamydia these new savings do not impact on the health and wellbeing of our communities, which is why I am urging

The consultation runs from Monday, May 16 to June 12 and can be found at www.towerhamlets.gov.uk

Cllr Amy Whitelock Gibbs lead member for health and adult services, said: "We have had to look carefully at the right way to go about making savings.

"We also think it is right to protect services that we know have the biggest services in the borough as part of an impact. But we still have to be realistic – despite our best efforts – there will be some changes.

> "These will be tough decisions which we need to get right – so we're fully committed to listening to residents' and stakeholders' views.'



WHITECHAPEL BELL FOUNDRY AND FULTON UMBRELLAS ON THE ISLE OF DOGS WERE AMONGST BUSINESSES VISITED BY THE QUEEN AND PRINCE PHILIP, TO SUPPORT BRITISH INDUSTRY.

CHRISP Street was painted green to celebrate Poplar's annual spring festival. The day's theme was 'recycle, upcycle and exchange' and residents visited stalls and taking part in workshops including cooking and smoothie making demonstrations and a visit from a robot made out of recycling bins. Gardening groups sold locally-grown produce, shared green-fingered tips and exchanged skills. The event on Saturday, April 23 was sponsored by housing organisation Poplar HARCA, Women's Environmental Network, the council and Chrisp Street traders.



The event featured a 'real' fruit machine

Grants to aid delivery of mental health projects

OVER £90,000 per year has been awarded to roll out innovative mental health problems are often the best experts in their projects across Tower Hamlets.

The user-led grant scheme funds groups, led by people who use mental health services, to deliver a range of new and existing programmes including health and fitness, music, choirs, martial arts, photography and arts and crafts.

In all, 31 schemes will benefit from up to £5.000 per group.

Cllr Amy Whitelock Gibbs, lead member for health and adult services, said: "These projects give people a place to share their experiences of mental health problems and to give each other support and advice.

"We know people with mental health own needs and can provide vital peer support

"User led groups can be a lifeline and help people to stay in the community rather than needing to go into hospital or other care services. We want to make sure people in Tower Hamlets can continue to access these services and are able to be in control of meeting their own needs, whilst developing new skills and knowledge in the process."

The full list of projects that will be funded can be seen online at http://moderngov.tower hamlets.gov.uk

LONDON ATHLETICS

ectacular ın Run

No previous experience necessary! Open to all ages and abilities

Mile End Park **Tower Hamlets**

Registration at the Athletics Track, E3 4HL

Sunday 7 August 2016

2km Fun Run – walk, jog or run Age 4-14 • Register 9am • Start 9.30am

5km Fun Run – walk, jog or run Age 14+ • Register 9.30am • Start 10am

4 x 1 mile Relay Race Age 18+ • Register 2.45pm • Start 3.15pm

Dress code – Sporty Summer

- Finishers medal for all runners
- **Refreshments included**
- Register online: www.londonathletics.org
- Further info: Iondonrun@englandathletics.org











Community Games 2016



YOU CAN'T MISS IT.

Make sure you're registered to vote by 7 June.

gov.uk/register-to-vote







Like us on Facebook

Get all the latest news and events from Tower Hamlets on our Facebook page at facebook.com/towerhamletscouncil from parties and parks, to markets and the mela.

FACEBOOK.COM

Raising cash for trash

The Local Green Points scheme encourages residents to recycle and raises money for local charities.

SEE BELOW

News

Finding 'somewhere affordable to call home'

BY SHALINA HUSSAIN

THE council's bid to build genuinely affordable housing in the borough is a step closer.

The council's housing policy and affordability commission, which first met in December 2015, has published its recommendations and they were approved by cabinet on May 11.

The commission was led by Mayor John Biggs and a panel of experts to look at ways to tackle the housing crisis, with the aim of delivering genuinely affordable homes.

Chaired by Cllr Rachel Blake, cabinet member for strategic development, the commission met three times before putting forward its recommendations, based on evidence from residents, housing providers and industry experts.

To deliver 100 per cent rented housing on new build council schemes, combining social tar-

get rents and homes at 'living rent' with the higher rent homes let through a separate waiting list to working households;

- To explore the option of reducing borough framework rents to more affordable levels, taking into account impact on viability, and possible reduction in overall affordable housing units.
- To review council policy on commuted sums for affordable housing, with reference to mixed and sustainable communities, and the overall output of affordable housing.

Other recommendations were made around low cost home ownership, making best veloping a multiple occupation robust strategy to redress the

Key recommendations were: model for younger residents.

Mayor Biggs said: "Considerable challenges will need to be overcome if we are to deliver genuinely affordable homes for local people

"The recommendations made by the commission mark the start of what will be a long and involved process.

"My enthusiasm in embracing those recommendations is cluded Yvonne Arrowsmith, demonstrative of my commitment to this singular aim – to deliver affordable housing in the borough for local people."

Cllr Blake added: "The commission has brought together experts from across the housing sector, and we thank them for their time and dedication to this initiative.

"Their hard work and experuse of council-owned land, pri- tise has enabled us to build vate sector licensing and de- the foundations for a really imbalance in housing affordability across the borough.

"The recommendations set out by the commission will inform many of the decisions we will make, and go some way in helping us achieve our goal ensuring that everyone who lives in the borough has somewhere affordable to call home."

The commission team inchief executive of East Thames Housing, Duncan Bowie from Westminster University, barrister Sarah Sackman, and delegates from Barratt London, the Bromley-by-Bow Centre and London First business group.



2006

FORMER RAINE'S SCHOOL PUPIL PHILLIPS IDOWU COMES HOME WITH A GOLD MEDAL AFTER WINNING THE TRIPLE JUMP AT THE COMMONWEALTH GAMES IN MELBOURNE, AUSTRALIA.



Partners and volunteers who received funding, with Tower Hamlets' lead member for the environment Cllr Ayas Miah

FOUR local charities were awarded funding from the Tower Hamlets Community Points scheme, a project between EastendHomes and recycling incentive scheme provider, Local Green Points. The scheme, which rewards residents for recycling and composting their food waste, has been running at Stockholm House on St George's Estate in Shadwell for the past year. Over 30 per cent of residents have signed up and earn Green Points for one of four local charities by composting their waste and recycling all they can. All food waste collected is composted by volunteers and turned into a nutrient-rich soil fertiliser for the St George's Community Orchard. The charities that received funding are Shapla and St Paul's Primary Schools, St George's Senior Club and St George's Greening Project.





Tel: 020 7018 7030

504 Commercial Road, (Next to Troxy) London, E1 0HY

Monday - Saturday: 8am - 9pm / Sunday - 11am to 6pm www.diamondcitydrycleaners.co.uk Email: diamondcitydrycleaners@hotmail.com

Email newsletters

Get local news, offers and info straight to your inbox – simply sign up at www.towerhamlets.gov.uk/signup

www.towerhamlets.gov.uk



Sounds and styles of Africa

Come and celebrate the vibrancy of the African continent with music, dance and stalls from 10am-5pm on Bank Holiday Monday, May 30 at Spitalfields Market.

WWW.SPITALFIELDS.CO.UK

News

News in brief Dementia stalls

ALZHEIMER'S Society Tower Hamlets will be hosting talks, information stalls and other activities to mark Dementia Awareness Week at:

- Idea Store Whitechapel on Monday, May 16 from 10-11am and Friday, May 20 from 10am-1pm:
- Royal London Hospital, Whitechapel on May 16 from 11am-2pm; Tuesday, May 17 from 10am-4pm; and Friday, May 20 from 11am-2pm;
- Mile End Hospital on Wednesday, May 18 and Thursday, May 19;
- Chrisp Street Idea Store on May 18.

For details call 8121 5626 or email mohammed.muhith@ alzheimers.org.uk

Cycling for women

A THREE-year project to encourage more women to cycle was launched on Monday, May 9.

Cycling Grants London offers funding to community groups for projects that encourage people of all ages and backgrounds to cycle safely.

John Scurr Community Centre in Limehouse will teach women how to ride and experience the benefits of becoming competent cyclists.

The project, which is free, will provide a safe and encouraging environment for absolute beginners and those who wish to increase their confidence on the road. Female instructors will lead the training.

Email cycling@rfsk.org.uk or call 7790 3113.

Life swap for TV

A TELEVISION production company is looking for families to take part in a new prime time documentary series exploring the wealth divide in Britain.

Each episode of the Channel 5 series will feature two families with very different incomes, who will swap homes and budgets for one week.

If you are interested in finding out more and taking part, email families@hattrick.com or call 7184 5775

EAST London NHS Foundation Trust (ELFT) has appointed Dr Navina Evans (right) as its new chief executive. Dr Evans will take over from Dr Robert Dolan when he retires in July. Marie Gabriel, trust chair, said: "Dr Evans brings the right combination of experience, expertise and values to lead the trust into its next period of development. She is currently our deputy chief executive and director of operations and therefore already has considerable experience in supporting ELFT to deliver the highest



quality care for our patients. "I would also like to thank Dr Dolan for his dedication and commitment to ELFT over the last ten years as chief executive."

Food parcels for Syria



Volunteers at St Matthias Community Centre in Poplar

WITH Ramadan, the period of fasting and abstinence for Muslims, just around the corner, a group of volunteers from Tower Hamlets are planning to send 5,000 food parcels to people in war-torn Syria.

Fundraisers from the #Iftar1000 initiative collected donations of more than £47,000 to provide 10,000 meals for those breaking their fast during Ramadan, when the month begins in June.

Jamal Ahmed, from Bethnal Green, project manager of the initiative, said the group is no longer seeking donations but www.gofundme.com/iftar1000

asking people to write personal messages for the parcels.

"It's been five years since the civil war started in Syria.

"We want Syrians to know that people in the UK have not forgotten them and they're still very much in our thoughts and prayers," said Jamal.

"The best way to convey that is by writing heartfelt messages of support and encouragement."

The parcels will be distributed in Syria with the help of international humanitarian organisation Aid Convoy.

You can send your messages to iftar1000@gmail.com

For more details visit



dance, games and music, as well as stalls selling street food, clothing, accessories and handmade wares. The event takes place at Spitalfields Market, Brushfield Street, E1. For details visit www.spitalfields.co.uk or email info@popupafrica.com

'Amazing to find out about faiths'

DOZENS of primary and secondary school pupils came together for a religious education event promoting community cohesion and understanding.

Tower Hamlets Standing Advisory Council on Religious Education (SACRE) organised the day-long event, supported FC, which offered use of its stadium.

Invitations were sent to every primary and secondary school in the borough.

The conference on April 28 focused on building understanding of different religious and non-religious identities other faiths."

BY NATHAN AKEHURST through arts and crafts workshops. It also encouraged pupils to learn from each other through dialogue and shared experience.

A range of ambassadors from different religions and belief systems ran the workshops, and encouraged pupils to explore and express their own and each other's identities.

There was also the opportuby the council and West Ham nity to take a tour of West Ham's Upton Park ground.

Those who attended all said they had their minds opened and had fun at the event.

A pupil from Marion Richardson Primary School said: "This has been amazing. I have found out so much about

Another from Mowlem Primary School added: "I'm particularly proud of our sculpture, which represented Tower Hamlets in the future.

"We showed all communities living in harmony because we understand each other."

Carolyn Lindsay, the council's school improvement officer, added: "It's been fantastic to see children and young people from so many different backgrounds getting to know about each other while using discussion and art to understand a range of cultures and religious identities.

Events like this build tolerance and cohesion early on and bring all our communities together."

16 **-** 29 MAY 2016



Upload your photos to Instagram

Now spring has definitely sprung, share your favourite photos of the borough at www.instagram.com/towerhamletsnow with the hastag #THspring

www.instagram.com

A busy week off

Fancy trying BMX biking? Or are you angling to have a go at fishing? It's all happening in our parks this half term.

Half term out & about

Canoeing or crafts this half term?

THE council has lined up a host of outdoor activities for its younger residents this half term.

■ Free BMX and mountain park for amphibian discovery **biking** sessions at Mile End Park BMX track from Tuesday, May 31 until Friday, June 3.

Email pauline.stewart@ towerhamlets.gov.uk or call 7364 2433 to register.

Over at Victoria Park, you can join in Half-Term Water 12.30pm, join the Junior Wildlife 12noon/2pm/3pm. Free. Week.

On Tuesday, May 31, try out canoeing on the model boating lake. Book ahead – call 7364 7968 or email victoria park@towerhamlets.gov.uk

On Wednesday, June 1, there's

BY CHRIS UNDERWOOD a free fishing taster day. Call Other half term 7364 7968 or email **victoria** park@towerhamlets.gov.uk to book a place.

> On Thursday, June 2, from Free. 12noon-3pm, go along to the Museum of London Docklands, day at the Hub Building.

> On Friday, June 3, from 12noon-3pm, celebrate the www.museumoflondon.org.uk Pools Playground reopening for summer with a Water Fun Festival.

And on Saturday, from 10am-Club **pond dipping** session.

■ Idea Stores and libraries will also be hosting a range of free activities during the holidays.

To find out more visit www.towerhamlets.gov.uk/ ideastore

activities include:

Aim for the Sky

Sat, May 28, 12pm and 2.3opm.

No1 Warehouse, West India Ouay, E14.

7001 9844

/museum-london-docklands **Nelly Block is Moving House**

Sun, May 29-Fri, June 3, Museum of London Docklands - see above.

Moving Museum

Mon, May 30-Fri, June 3, 11am-4pm. Free drop-in for all ages. V&A Museum of Childhood,

Cambridge Heath Road, E2. 8983 5200

www.vam.ac.uk/moc

Crazy Jumping Jack's Workshop

Mon, May 30-Fri, June 3, 10.30am/12noon/2pm, 3.30pm. £5 per child, ages 4-10. V&A Museum of Childhood see above.

The Children of Victorian **Stories**

Weds, June 1 & Thurs, June 2, 10am-5pm. Free. The Ragged School

Museum, 46-50 Copperfield Road, E3.

www.raggedschoolmuseum. org.uk

Montessori family day

Sun, June 5, 11am-4pm. Free drop-in for all ages. V&A Museum of Childhood – see left.

Forest School

Tues, May 31; Thurs, June 2; Fri, June 3, 10am-2pm. £30 per session or £85 for all three sessions. Tower Hamlets Cemetary Park, Southern

Grove, E3. www.fothcp.org/ forest-school

eastendlife

2012

TOWER HAMLETS EMBRACES THE OLYMPIC AND PARALYMPIC GAMES. RESIDENTS GET INVOLVED AS VOLUNTEERS, OPENING AND CLOSING CEREMONY PARTICIPANTS, DELIVERING SERVICES AND WELCOMING SERVICEMEN AND WOMEN.





Like us on Facebook

Get all the latest news and events – like the council's Facebook page at facebook.com/towerhamletscouncil

FACEBOOK.COM



Special people from a special borough

"I know that our borough is a wonderful place to live and work, but I really do enjoy hearing about the outstanding things being done by some of the special individuals we have in Tower Hamlets."

CLLR ABDUL MUKIT MBE

News

Honouring a sense of civic pride



Caroline Meadows rose to nominate Ingrid Chen

The borough's unsung heroes and heroines were recognised for their sporting, artistic and cultural and business successes, and for services to the community at the annual Tower Hamlets Civic Awards ceremony. **Susan Mulligan** reports. Photos by **Kois Miah**.

TOWER Hamlets Civic Awards took place on April **29 at the Town Hall in** ough through sporting, artistic to community involvement and Poplar. Cllr Abdul Mukit MBE, the speaker of council, presided over the service, where 14 residents were honoured.

David Harper, Anne Ambrose, Flight Lieutenant Rex Nicholls, Mohammed Ripon Chowdhury, Luthfa Rahman and Farhana Zaman received awards for providing outstanding services to the community.

Aroz Miah was recognised for bringing credit to the boror cultural achievements.

Ingrid Chen, Kelly Royer, Syed Johurul Haque and Jahid Ahmed were honoured for improving quality of life for people by they are paid to do.

business and in community involvement.

Georg Mew-Jensen and named young achievers under 25 whose accomplishments be recognised.

Cllr Mukit said: "Once again this year the we have honoured a group of very special people who have touched the lives of those around them.

"Whether they have achieved worked tirelessly on behalf weekends to develop staff her friend and neighbour, of their fellow residents and colleagues, it has often been for little or no reward other than the satisfaction they derive from the work they do.

"I know that our borough is a wonderful place to live and work, but I really do enjoy hearing about the outstanding things being done by some of the special individuals we have in Tower Hamlets."

Winners of awards for outstanding services to the community

Stephen Leach nominated Bow West resident David Harper, his neighbour and secretary of the local residents association. Stephen said: "David has represented his neighbours on many local issues, including expansion plans for City Airport, the cycle super highway and on anti-social behaviour matters. He has significantly contributed cohesion in Mile End."

Andy Coleborn nominated **Anne Ambrose**, from Bethnal Green, for her tireless work serving her neighbours. He said: providing services beyond what "Anne has played a pivotal role as a tenant representative and Abdul Shahid won the award chair of her area residents' for bringing benefits to Tower panel. Anne continues to be a Hamlets through success in local champion serving as a school governor and is active in her local church."

Gelu Miah nominated Flight Scarlett Mew-Jensen were Lieutenant Rex Nicholls, from Mile End. after he volunteered at the 31 Air Force Tower are extraordinary and should Hamlets Squadron. Gelu said: "Over the last few years, Flt Lt Nicholls has tirelessly supported young cadets to overcome barriers in life by empowering them and getting them to become future leaders. He has never asked for anything success in their chosen field, or in return and gives up his

and cadets to get qualifications."

Cllr John Pierce nominated Weavers ward constituent Mohammed Ripon Chowdhury. Cllr Pierce said: "Mr Chowdhury is a very enthusiastic community worker and has provided outstanding services to the community in order to improve the quality of life for local people. He is a gentleman and a role model for community activists."

Farhana Zaman nominated her friend Luthfa Rahman from Poplar. Farhana said: "Luthfa is a mother of two children, working full time to complete her BA (Hons) degree, yet she has time to take on voluntary work.

"She has supported vulnerable young people, volunteered as a benefits advisor, counselled elderly victims of crime and supported domestic violence victims into safe accommodation."

Sultana Ahmed nominated

Queen Mary University of London Festival of Communities Living and Learning together in Tower Hamlets Events, activities and fun-days between Saturday 21 May – Saturday 4 June www.qmul.ac.uk/festival 🏏 #TowerHamlets, 📑 /FestivalofCommunities













THE WINNERS



David Harper



Anne Ambrose



Mohammed Ripon Chowdury



Flt Lt Rex Nicholls

14



Take a look at our YouTube videos

With videos and animation explaining welfare reform, adoption, planning and much more, check out the council's YouTube channel at youtube.com/towerhamletscouncil

Rewarding service

Civic Awards honour people who give outstanding service to the community or bring credit to the borough.

News

Farhana Zaman, from Wapping. Sultana said: "Without a doubt. Farhana is a selfless individual who has supported many people into jobs, helping them with CV preparations and helping them gain confidence. She deserves recognition for her consistent effort and hard work in the community."

Winners of the award for bringing credit to the borough through sporting, artistic or cultural achievements

Jamal Hussein nominated Aroz Miah, from Shoreditch. Jamal said: "Aroz is a very passionate footballer and has played the game for the last 35 years. The creation of Bangladesh Football Association (BFA) UK saw Aroz at his passionate best. BFA uses football to engage young people and prevent them from getting into anti-social behaviour and serves 3,000 people a week."

Winners of awards for improving the quality of life for local people by providing services beyond what they are paid to do

Caroline Meadows nominated



The winners with Cllr Abdul Mukit MBE centre, Mayor John Biggs and council members

from Weavers ward, a teacher at her daughter's school. Caroline said: "Ingrid has done an inspirational job of ensuring that inner-city children and their families have contact with nature through Columbia Primary's nature and gardening clubs and forest school programme."

nated Kelly Royer from East India ward, her support worker at mental health charity WISH. Bhavini said: "Kelly is a very giving, caring and reliable Johurul Haque from Bethnal support worker. By offering counselling, emotional support and advice, she has helped me find my own voice and strength. I wish there were more people like her and I'm grateful that

Bhavini Shrivastava nomithere are people who are willing to work in charities because they believe in the work they do.

Sanu Miah nominated Syed Green for his Bengali media work. Sanu said: "Mr Haque has been involved with media since he arrived in to the UK. He continues with his media work to ensure that the com-

munity has access to information about life and politics."

Chris Willetts nominated his colleague, Jahid Ahmed, from Lansbury ward. Chris said: "Jahid is the only British-Bangladeshi to ever play first class cricket. This makes him an excellent role model for aspiring young cricketers. His personal energy and dedication have seen him use evenings

and weekends away from home to support young cricketers, who are often from Tower Hamlets' poorest and most deprived families."

Winner of the award for success in business and community involvement

Farhathul Sanu nominated Abdul Shahid who she met through community work. Farhathul said: "Mr Shahid has been running his Bengaliorientated food business for years, employing people to cook food. In addition, he has helped teenagers to learn how to become professional chefs and run a boat race to raise funds for the poor."

Winners of the young achievers (under 25) whose accomplishments are extraordinary and should be recognised award

Lesley Pavitt nominated Georg Mew-Jensen and Scarlett Mew-Jensen from Whitechapel. Lesley said: "Georg is a talented cyclist and was selected as one of six London children to ride in front of the Tour De France. Scarlett is a very successful diver. She's now in the GB Team for the Olympics and the youngest in the



Luthfa Rahman



Farhana Zaman



Aroz Miah



Ingrid Chen



Kelly Royer



Syed Johurul Haque



Jahid Ahmed



Abdul Shahid

Flickr photos

Download your favourite local photos from flickr.com/photos/ towerhamletscouncil

FLICKR.COM



'I missed using my skills'

Barts Health NHS Trust and City University's 'return to practice' programme helps qualified nurses, who have previously left the profession for various reasons, to come back to nursing.

VISIT WWW.BARTSHEALTH.NHS.UK/WORK-WITH-US

News

News in brief

Grow your own

A GROUP of residents, who are re-launching a community food garden on the Bethnal Green Estate, are inviting others to get involved.

Poets' Corner Community Garden has 15 beds, at least ten of which are available at a cost of £20 a year to rent.

If you want to get involved in clearing the garden, email poetscommunitygarden@ **gmail.com** or call 07985 690562.

Charity 5K run

MORE than 300 runners took part in an annual charity run at Victoria Park, raising funds for ten charities including the East London Mosque.

Fundraisers who took part in the Muslim Charity Run on May 8 raised cash for a

charity of their choice.

Dilowar Khan, executive director of the mosque, which organised the 5k event, said: "We need to promote healthier lifestyles, so that the younger generation can learn to live fit and active lives - doing it for good causes makes it even better."

Irish dance day

COMMUNITY organisation Neighbours in Poplar is hosting an Irish tea dance on Friday, May 20 and encouraging residents of all backgrounds to join in an afternoon of music and dance.

The event is taking place at St. Matthias Community Centre, 113 Poplar High Street, from 1-3.30pm. Refreshments will be served.

Call 7987 0257 or visit www.neighboursinpoplar.com

Barts Health NHS Trust is encouraging nurses who have left to come back to the profession. The trust and City University have put together a 'return to practice' programme to help qualified nurses, who had previously left the profession, to come back and provide quality care for the people of east London.

Barts Health supports the returning nurses by helping them find placements and paying them for a period of three to six

months as they retrain. Once they have qualified, the nurses enter a Band 5 position. The trust also provides specialist mentoring. Emilie (pictured, above), who works at The Royal London Hospital, said: "I left nursing to raise my family but I always knew that I wanted to come back. One of my children got sick, and when I saw the great care they received. it really made me want to come back.

I missed using my skills to help people and I didn't want to lose that" For more details visit www.barts health.nhs.uk/ work-with-us



Do you have an idea for a NEW SOCIAL ENTERPRISE but need funding to set up?

The Beyond Business Programme, Bromley by Bow Centre are offering start up funding for new or emerging Social Enterprises across Tower Hamlets, Hackney and Newham. The Social Enterprise must be located in those Boroughs

What is the Beyond Business Programme?

Beyond Business has already launched a network of 60 plus successful Social Enterprises in the East End and provides:

- Start up funding,
- Strategic and business planning guidance, and
- Practical business support including training, mentoring and pro-bono legal services.

Is my idea for a Social Enterprise eligible?

To be eligible for a start up grant of up to £17,000 your idea for a Social Enterprise must:

- Have a clear social purpose and outcomes, such as employment for people with barriers to work, youth training, healthy living and local environment improvements.
- · Have a sound business proposition and the potential to be financially sustainable without reliance on grant funding.
- Be able to legally set up and start trading by end January 2017.

How will Applicants be assessed?

- Stage 1: Applicants submit an expression of interest form for a panel review.
- Stage 2: Applicants successful at Stage 1 will be invited for an interview.
- Stage 3: Applicants successful at Stage 2 complete a business plan, with support from the Beyond Business team.
- Stage 4: Applicants successful at Stage 3 present their business idea and plan to an independent Dragons' Den panel on 27th September 2016 - funding then approved for successful applicants.

Need an expression of interest form?

Please contact: Kim Hayman, Beyond Business, Bromley by Bow Centre, St Leonard's St, E3 3BT | Telephone: 020 8709 9722 | Email: kimh@bbbc.org.uk

The closing date for Submission of Expressions of Interest is 5pm 31st May 2016.

For full details on eligibility and any other information, please contact Kim Hayman



Investec



A pledge to tackle bullying

'Never be a bystander to discrimination'

BY SUSAN MULLIGAN

THE council, police and local charities are cele**brating International Day** who perpetrate discrimination against Homophobia, Transphobia and Biphobia (IDAHOBIT) by signing a pledge that promises to tackle bullying and discrimination.

The pledge says that signatories will:

"Never be a bystander to bullying, harassment or discrimination. If we discover it, we will call it out and we will Store Whitechapel. stop it. We promise always to and never to be a bystander."

Mayor John Biggs said: "This pledge sets out our ongoing commitment to the principles of One Tower Hamlets – a celebration of diversity and absolute rejection of all types of hate crime and discrimination."

Sarah Humphreys, chair of local lesbian, gay, bisexual and transsexual charity ELOP, said: "This sends a message to those that it will not be tolerated."

- On Monday, May 16, a discussion will address hate crime in the borough. Residents can attend between 10am-12.30pm at The Brady Arts Centre, 192-196 Hanbury Street, E1.
- Queer'Say, a showcase of performances by acclaimed LGBT poets, will take place on Wednesday, May 18 at Idea
- IDAHOBIT was created in stand up for fairness, kindness 2004 to draw attention to the violence and discrimination experienced by LGBT+ people internationally.

It takes place on May 17 to commemorate the World Health Organisation's decision in 1990 to declassify homosexuality as a mental disorder.



1999

A NAIL BOMB RIPPED THROUGH THE HEART OF BRICK LANE, INJURING SEVEN PEOPLE. THE COMMUNITY UNITED IN DISGUST — NOTHING IS GOING TO STAND IN THE WAY OF RACIAL HARMONY IN TOWER HAMLETS, THE COUNCIL PLEDGED.



Science

Wild colours and crazy explosions
Magic wands and indoor lightning bolts
Animal Kingdom, the furry and the scary - giant millipedes,
tarantulas, rabbits, pony, etc...

Music

1 & 2 and play the tamborim drum Have a go on the agogo Make your mark on a Mac

2016 Open Mornings for Year 5

Three 'Science with Music' Open Mornings

9:30am-11am Tuesday 21st, 28th and Wednesday 29th June 2016

To reserve a place please contact: Alema Begum 020 7987 9503 or abegum@spwt.net

The University School in the Heart of East London













For more information visit www.spwt.net

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.



প্রথমবারের মতো পালিত হলো আলতাব আলী দিবস

১৯৭৮ সালে বর্ণবাদীদের হাতে নিহত আলতাব আলী স্মরণে কাউন্সিলের উদ্যোগে ৪ মে প্রথমবারের মতো যথাযোগ্য মর্যাদায় পালিত হলো আলতাব আলী দিবস। দিবসটিকে স্মরণীয় করে রাখার জন্য একই দিন পুনরায় চালু করা হয় বাংলা টাউনে বাঙ্গালীদের অন্যতম সাংস্কৃতিক কেন্দ্র কবি নজরুল সেন্টার। বিস্তারিত পড়ন নিচে –

ALTAB ALI DAY OBVSERVED

Harmony

Meelaynta carruurta ee iskuulada hoose

Borough in top five for primary admissions - page 3

CARRUURTA Tower horeeya shanta degmo ee Hamlets ee iskuulada bilaabaya bisha Setember, looguna talo galay in lagu sii hayo meelaha carruurta lagu sii hayo intaanay sanadka koowaad bilaabin, waxay 96% heleen mid ka mid ah saddexdii iskuul ee ay doonayeen.

Waxaanay natiijadani aad uga saraysaa celcelis ahaan ogolaanshaha iskuuladeena marka la eego degmooyinka London

Tiradaasi waxa laga ogaaday Nidaamka Ogolaanshaha iskuulada Carruurta ee London, waxaanay Tower Hamlets noqonaysaa shanta degmo ee ugu horeeya London, marka la eego guusha guusha ogolaanshaha iskuulada hoose.

Sidoo kale waxay Tower Hamlets ka mid noqonaysaa mid ka mid ah 4ta degmo ee ugu

carruurtoodu heleen iskuuladii ay doorteen, taas macnaheedu waxa weeye in 87% ardaydu tegayaan iskuulada codsigooda koowaad

Arintan kor ku xusani waxay muujinaysaa natiijada horumarka joogtada ah, oo ka saraysa 2% natiijadii sanadkii tegey.

Sidoo kale celcelis ahaan sare wuu kasii wanaagsan yahay natiijada kor ku xusan, iyadoo 93% ardaydu heleen mid ka mid sadexdii iskuul ee ay xusheen.

Qoysaska waxaa natiijadii kasoo baxday arjiyadoodii la ogeysiiyey 18kii April.

Ardaydii aan helin iskuuladii ay codsadeen waxaa meel looga goondeevey iskuulada u dhow ee boos ka banaan yahay.

Carruurta ay waalidkoodu

arjiga dhiibeen kadib maalintii arjiyadu xidhmeen, waxaa la meelaynayaa horaanta bisha Juun. Sanadkan 3,500 carruur ah ayaa bilaabaya dugsiyada hoose ee Tower Hamlets

Terry Bryan, madaxa adeegyada ardayda ee councilka, ayaa yidhi: "Natiijadan cusubi waxav muuiinavsaa ballanqaadkayaga ah inaanu horumar samaynayno sanad walba, iyo inaanu ilma kasta ugu deeqno sida ugu fiican ee uu noloshiisa u bilaabi lahaa.

"Tower Hamlets waxaanu ka dhisnay barbaarintii guusha, oo noo saamaxday in waalid kastaaba carruurtooda u helaan iskuulka ay doorteed, iyo waxbarasho tayo leh oo ka heer saraysa heerka celceliska waxbarasho ee London. inkastoo uu jiro cadaadis ka jira meelaynta iskuulada."

স্কুলে ভর্তির ক্ষেত্রে বারার অনন্য সাফল্য

Borough in top five for primary school admissions – page 3

টাওয়ার হ্যামলেটসের যে সকল শিশু আগামী হ্যামলেটসের ৮৭ শতাংশ শিশুই তাদের প্রথম হয়েছে। যারা তাদের পছন্দের স্কুলে আসন পাননি, সেপ্টেম্বর মাসে রিসেপশন এ যাওয়ার মাধ্যমে পছন্দের স্কুলে ভর্তি হওয়ার সুযোগ পেয়েছে। নিজেদের স্কুল জীবন শুরু করবে, তাদের ৯৬ শতাংশই তাদের পছদের শীর্ষ ৩ স্কলেই আসন লাভ করেছে, যা লন্ডনের গড়ের তুলনায় অনেক

প্যান লন্ডন এডমিশনস্ স্কীম কর্ত্ক প্রাইমারী স্কলে ভর্তির ক্ষেত্রে সাফল্যের তালিকায় টাওয়ার হ্যামলেটস্ লন্ডনের শীর্ষ ৫ বারার একটি হওয়ার গৌরব অর্জন করেছে।

শিশুদেরকে তাদের প্রথম পছন্দের স্কলে আসন প্রদানের ক্ষেত্রেও টাওয়ার হ্যামলেটস্ শীর্ষ ৫ ারার মধ্যে সবার উপরে রয়েছে । অর্থাৎ টাওয়ার

স্কলে ভর্তির ক্ষেত্রে এই সাফল্য ধারাবাহিক— ভাবে অর্জন করে আসছে টাওয়ার হ্যামলেটস। গত বছরের তলনায় এই হার এবার ১ শতাংশ

এদিকে, সেকেন্ডারি এডমিশনের ক্ষেত্রেও লন্ডনের গড়কে অনেক ছাড়িয়ে গেছে টাওয়ার হ্যামলেটস। ৯৩ শতাংশ শিক্ষার্থীই তাদের পছন্দের শীর্ষ তিনটি সেকেন্ডারি স্কুলের একটিতে ভর্তির

গত ১৮ এপ্রিল পরিবারগুলোকে তাদের আবেদনের ফলাফল অফিসিয়ালি জানানো তাদেরকে স্থানীয় কোন একটি স্কলে আসন রিজার্ভ করে রাখা হয়েছে। যেসকল বাচ্চার অভিভাবকরা আবেদন জমা দেয়ার শেষ হওয়ার পর আবেদন করেছেন, তাদের জন্য আসন বন্টন করা হবে জন মাসেব শুকুব দিকে।

বারার প্রাইমারী স্কুলগুলোতে এই বছর ৩ হাজার ৫০০ শিশু তাদের স্কুল জীবন শুরু করবে।

কাউন্সিলের হেড অব পিউপিল সার্ভিসেস্, টেরি বায়ান বরেন, প্রতি বছর ভর্তির ক্ষেত্রে আমাদের উন্নতি করার যে অঙ্গিকার, এবং প্রতিটি শিশুর জীবনের শুরুটা সেরা মানে করতে আমাদের প্রচেষ্টাই ফটে ওঠেছে এই ফলাফলের মধ্য দিয়ে



Kaydinta Miisaaniyada Cafimaadka ee councilka

Council to save £5 million from health budget – page 9

hindisayaal uu ku kaydinayo £2.3 million oo ka mid ah miisaaniyada caafimaadka dadweynaha ee degmada.

Arintani waxay ka dhalatay dhimistii deeqaha ee dawlada, waxana councilku qorsheeyey inuu sameeyo kayd dheeraad ah oo £2.7m todobaadyada soo socda.

Malaayiin gini ayaa laga dhimay miisaaniyada councilka, si loogu qarash gareeyo daryeelka caafimaadka iyo horumarinta caafimaadka guud. Isugeynta qarashka la kaydinayaa waa £5 million sanadkan, waxana jiraya dhimis dheeraad ah sanadaha soo socda.

Dhamaank counciladu waa inay iminka qaataan go,aano adag oo ku saabsan adeega caafimaadka ay mudnaanta siinayaan, mid ah:

leh uga fiirsato, siday miisaaniyadan xadidan ugu isticmaali lahayd sida ugu fiican, una horumarin lahayd caafidaamka iyo adeegyada daryeelka.

Councilka waxa balangaadkiisu yahay inuu si buuxda latashiyo ula sameeyo dadka deegaanka ah, dadka adeega isticmaala, kooxaha bulshada iyo hayadaha adeegyada bixiya.

Caafimaadka dadweynaha waxa ka mid ah adeegyada in la horumariyo caafimaadka iyo in lala dagaalamo cudurada; sida joojinta sigaarka, daraagiska, aalkolada, lana horumariyo caafimaadka la xidhiidha galmada iyo adeegyada caafimaadka iskuulada.

Hindisayaasha kaydka cusub ee la qorsheeyey waxa ka

- COUNCIILKU wuxu dejiyey degmaduna waa inay si taxadir In dib loo eego adeegyada caafimaadka ee la xidhiidha galmada, adeegyada ka hortaga uur qaadida, adeegyada tijaabada geermisyada iyo in la horumariyo adeegyada caafimaadka galmada, si ay dadku aad ugu isticmaalaan adeegyada bulshada iyagoon isbitaal tegin; ■ In wax laga bedelo sida ade
 - egyada cabitaanka tubaakada loo gudbiyo, si loo helo dadka u baahan in aad looga caawiyo inay cabitaanka tobaakaada joojoiyaan;
 - In la dhimo miisaaniyada qaar ka mid ah horumarinta caafimaadka sida maamulka barnaamijka culayska.

Latashigu wuxu bilaabmayaa Isniinta 16ka May, wuxuna xidhmayaa 12ka Juun, warbixnta waxa laga heli karaa www.towerhamlets.gov.uk

প্রথমবারের মতো পালিত হলো আলতাব আলী দিবস

Communities come together for Altab Ali Day – page 2

কাউন্সিলের উদ্যোগে ৪ মে প্রথমবারের মতো যথাযোগ্য মর্যাদায় পালিত হয়েছে আলতাব আলী দিবস। দিবসটিকে স্মরণীয় করে রাখার জন্য একই দিন পুনরায় চালু করা হয় বাংলা টাউনে বাঙ্গালীদের অন্যতম সাংস্কৃতিক কেন্দ্র কবি নজরুল

উল্লেখ্য, বাঙ্গালী যুবক আলতাব আলী ১৯৭৮ সালের ৪ মে বর্ণবাদীদের হাতে নিহত সবশেষে আলতাব আলী স্মরণে এক মিনিট হয়েছিলেন। এই বর্ণবাদী হত্যাটি সমগ্র নিরবতা পালন করা হয়। ব্রিটেনে জুড়ে আলোড়ন সৃষ্টি করেছিলো। পরবর্তীতে তার স্মৃতিকে ধরে রাখার জন্য ১৯৯৮ সালে হোয়াইটচ্যাপলেরসেন্ট মেরিস পার্কের নাম বদল করে রাখা হয় আলতাব আলী পার্ক। পার্কের নিকটবর্তী এডলার স্ট্রীটে আলতাব আলী নিহত

বুধবার সন্ধ্যা ৬টায় কাউন্সিলের স্পিকার আব্দুল মুকিত চুনু এমবিই প্রথমে আনুষ্ঠানিক— ভাবে আলতাব আলী পার্কে অবস্থিত শহীদ মিনারের বেদীতে ফুল দিয়ে আলতাব আলীর প্রতি শ্রদ্ধা জানান। এরপর ফল দিয়ে শ্রদ্ধা জানান মেয়র জন বিগস এবং ব্রিটেনে নিযুক্ত বাংলাদেশের হাইকমিশনার আব্দল হান্রান। এরপর

আলতাব আলী ফাউন্ডেশন এবং আলতাব আলী ট্রাস্ট সহ বিভিন্ন সংগঠনের নেতৃবৃন্দ ফুল দেন।

এছাড়া ডেপুটি মেয়র কাউন্সিলার সিরাজুল ইসলাম, লিড মেম্বার ফর কালচার কাউন্সিলার আসমা বেগম এবং লিডার অব দ্যা অপজিশন কাউন্সিলার ওলিউর রহমানসহ অন্যান্য কাউন্সিলাররা এসময় উপস্থিত ছিলেন।

আলতাব আলী ফাউন্ডেশনের প্রতিষ্ঠাতা শামস উদ্দিন আলতাব আলীর ৩৮ তম মৃত্যুবাষিকী উপলক্ষে ৩৮টি মোমবাতি প্রজলন করেন। এছাডা একই সময় বর্ণবাদ বিরোধী কবিতা আবৃত্তি করে শুনান কবি স্টিফেন ওয়াটস, সালাম জোন্স এবং

আলতাব আলী পার্কের আন্ষ্ঠানিকতা শেষে মেয়র জন বিগস তাঁর প্রতিক্রিয়ায় বলেন আলতাব আলীর নির্মম হত্যাকাভকে কোনভাবেই ভূলে যাওয়া উচিৎ নয়। আমাদের সমাজে বর্ণবাদ এখনও বিদ্যমান। এর বিরুদ্ধে আমাদের লড়াই চালিয়ে যেতে হবে। আর এজন্যই আমি কাউন্সিলের উদ্যোগে আলতাব

আলী দিবস পালনের ঘোষনা দিয়েছি।

আলতাব আলী পার্কে আনুষ্টানিকতা শেষে মেয়র অতিথিদের নিয়ে চলে যান হ্যানবারী স্ট্রীটে অবস্থিত কবি নজরুল সেন্টারে। সেন্টারটি পুনঃ উদ্বোধন শেষে সেখানে আলতাব আলী স্মরনে অনুষ্ঠিত হয় বিশেষ আলোচনা সভা।

কাউন্সিলের উদ্যোগে ব্র্যাডি আর্টস সেন্টার এবং কবি নজরুল সেন্টারে বর্ণবাদ বিরোধী চিত্র প্রদর্শনীরও ব্যবস্থা করা হয়েছে। এই প্রদর্শনী চলবে ২০ মে পর্যন্ত। এছাড়া স্বেচ্ছাসেবী সংগঠন স্বাধীনতা ট্রাস্ট পৃথকভাবে আলতাব আলীর উপর নির্মিত বিশেষ নাটক প্রদর্শন করে ব্যাডি

বাঙ্গালীদের অন্যতম সাংস্কৃতিক চর্চা কেন্দ্র কবি নজরুল সেন্টার পুনরায় চালু করে মেয়র তার প্রতিক্রিয়ায় বলেন সেন্টারটি পনরায় চাল করতে পেরে আমি আনন্দিত। বাঙ্গালীদের প্রাণকেন্দ্র বাংলা টাউনে একটি বাঙ্গালী সাংস্কৃতিক চর্চা কেন্দ্র চালু থাকাটা খুবই জরুরী। এর মাধ্যমে বাঙ্গালীদের সামনে তাদের ইতিহাস ঐতিহ্যকে জানার সুযোগ যেমন সৃষ্টি হবে তেমনি শিকড়ের সাথে তাদের বন্ধন আরো সুদৃঢ় হবে।



নিজস্ব হাউজিং নীতিমালা তৈরীর উদ্যোগ নিয়েছে কাউন্সিল ঐকতান

সরকারের হাউজিং বিলের প্রভাব বাসিন্দাদের ওপর যতটুকু সম্ভব কম পড়তে দেয়ার লক্ষ্যে একটি কর্মপরিকল্পনা Send your Bengali and Somali news তৈরী করেছে টাওয়ার হ্যামলেটস কাউন্সিল। প্রস্তাবিত আইনের ফলে টাওয়ার হ্যামলেটস্ বারায় সোশ্যাল হাউজিং to Harmony, East End Life, Town Hall, বা সামাজিক আবাসন হ্রাস পেতে পারে। বিস্তারিত পড়ন নিচে –

COUNCIL DEVELOPS NEW HOUSING STRATEGY

5 Clove Crescent, Poplar E14 2BG. 7364 4944

Harmony

ধর্মীয় সহনশীলতা ও পরস্পরকে জানতে স্কুল শিক্ষার্থীদের জন্য বিশেষ অনুষ্ঠান

Promoting tolerance and understanding page 12

কমিউনিটির মধ্যকার সম্পর্ককে আরে সসংহতকরণ এবং পারস্পরকে বোঝার জানার বিষয়কে তুলে ধরতে ধর্মীয় শিক্ষার বিশেষ এক অনষ্ঠানে টাওয়ার হ্যামলেটসের অনেকগুলো প্রাইমারী ও সেকেন্ডারি স্কুলের শিক্ষার্থীরা অংশ

দ্যা টাওয়ার হ্যামলেটস্ স্ট্যান্ডিং এডভাইজরি কাউন্সিল অন রিলিজিয়াস এড়কেশন (এসএসি-আরই) গত ২৮ এপ্রিল ওয়েস্ট হ্যাম ফুটবল ক্লাবের স্টেডিয়ামে টাওয়ার হ্যামলেটস কাউন্সিল এবং ওয়েস্ট হ্যাম ফুটবল ক্লাবের সহযোগিতায় দিন ব্যাপি অনুষ্ঠানের আয়োজন করে। বারার প্রতিটি প্রাইমারী ও সেকেন্ডারি স্কুলকে আমন্ত্রণ জানানো হয়েছিলো।

২৮ এপ্রিলের বিশেষ এই কনফারেন্সে ধর্মীয় ও ধর্মীয় নয় এমন পরিচয়ের মধ্যকার পার্থক্য গুলোকে চারু ও কারুশিল্পের কর্মশালার মাধ্যমে তুলে ধরা হয়। পারস্পরিক আলোচনা ও নিজেদের অভিজ্ঞতা বিনিময় করার মাধ্যমে ছাত্র ছাত্রীরা যাতে তাদের পরস্পরকে জানতে পারে. সেব্যাপারে তাদের উদ্বন্ধ করা হয়।

এই সব কর্মশালায় অংশ নেন বিভিন্ন ধর্মীয় ও বিশ্বাসের প্রতিনিধিরা এবং শিক্ষার্থীরা যাতে নিজেদের ও অন্যের পরিচয় বের করতে পারে. সেজন্য তাদের অনপ্রাণিত করেন। এছাডা ওয়েস্ট হ্যাম ফুটবল গ্রাউন্ড ঘুরে দেখারও সুযোগ পায় স্কুল শিক্ষার্থীরা।

এই অনুষ্ঠানে যারা অংশ নিয়েছে, তাদের প্রায় সকলেই বলেছে যে, তাদের মন অনেক উন্মুক্ত হয়েছে এবং আনন্দময় একটি দিন কাটিয়েছে তারা।

ম্যারিয়ন রিচার্ডসন প্রাইমারী স্কুলের এক ক্ষুদে শিক্ষার্থী জানায়, আজ এই ইভেন্টে এসে ধর্মীয় বিশ্বাস সম্পর্কে আমি অনেক কিছুই জানতে পেরেছি।

মওলেম প্রাইমারী স্কলের আরেক শিক্ষার্থী বারার ভাষর্যগুলো নিয়ে নিজে গর্ব করে উল্লেখ করে বলেছে আগামী দিনে টাওয়ার হ্যামলেটসকে এগুলো প্রতিনিধিত্ব করবে। আমরা সকল কমিউনিটি এক সাথে মিলে মিশে বসবাস করি কারণ আমরা পরস্পরকে বুঝতে পারি।

কাউন্সিলের স্কুল ইম্প্রভমেন্ট অফিসার, ক্যারোলিন লিভসে বলেন, ভিন্ন ভিন্ন নৃতাত্ত্বিক পরিচয়ের অসংখ্য শিশু কিশোর তরুণ একনিত হয়ে পরস্পরকে জানার চেষ্টা করছে, এটা নিঃসন্দেহে অনন্য একটি অভিজ্ঞতা। একদম কম বয়সে সহনশীলতা ও পরাস্পরিক সংহতি গড়ে তলতে এবং সব কমিউনিটিকে একত্রিত করতে এই ধরনের অনুষ্ঠান খুবই ইতিবাচক ভূমিকা পালন করবে।





Speaker of council Cllr Abdul Mukit MBE and Mayor John Biggs with guests and award recipients at Civic Awards ceremony

বিভিন্ন ক্ষেত্রে বিশেষ অবদান রাখায় ১৪ জন বাসিন্দাকে দেয়া হলো পেলেন সিভিক এওয়ার্ড

Unsung heroes and heroines recognised - pages 14 & 15

শিল্প ও সংস্কৃতির ক্ষেত্রে সাফল্য অর্জন, ব্যবসা সভাপতিত্ব করেন, স্পিকার অব কাউন্সিল,

প্রচারের আডালে থেকে যাঁরা কমিউনিটির জন্য ক্ষেত্রে সাফল্য ইত্যাদি ক্ষেত্রে বিশেষ ভমিকা কাউপিলর আব্দুল মুকিত এমবিই। নিরলসভাবে কাজ করে যাচ্ছেন সেই সব আনসাং পালনকারী ১৪ জন বাসিন্দাকে এবারের বার্ষিক হিবো ও হিবোইনদের মধ্য থেকে কয়েকজনকে । টাওয়ার হ্যামলেটস সিভিক এওয়ার্ড প্রদান করা। হয়। গত ১৯ এপ্রিল টাউন হলে আয়োজিত কমিউনিটির কল্যানে নিবেদিত, খেলাধূলা, বিশেষ এই সম্মাণনা প্রদান অনুষ্ঠানে

কমিউনিটির জন্য অসাধারণ কাজ করার স্বীকৃতি স্বরূপ ডেভিড হারপার এ্যানি এমবোস ফ্রাইট লেফটেনেন্ট রেক্স নিকোলস মোহাম্মদ রিপন চৌধুরী, লুংফা রহমান এবং ফারহানা জামান এওয়াড পান। ক্রীডা শিল্প-

সম্মান বয়ে আনায় এওয়ার্ড দেয়া হয় আরোজ মিয়াকে । বারার জনসাধারণের জীবন মান উনয়নে বিশেষ ভূমিকা রাখায় ইনগ্রিড চেন, কেলি রোয়ার, সৈয়দ জহুরুল হক এবং জাহিদ আহমদকে দেয়া

সংস্কৃতিতে বিশেষ সাফল্য অর্জন করে বারার জন্য সাফল্য ও কমিউনিটির সাথে সম্পক্ততার জন্য এওয়ার্ড পান আব্দল শহীদ। ইয়াং এচিভার্স হিসেবে স্বীকতি পান জর্জ মিউ-জনসন এবং

অনুষ্ঠানে মেয়ুর জন বিগস সহ কাউন্সিলরবন্দ হয় সিভিক এওয়ার্ড। ব্যবসা ক্ষেত্রে বিশেষ ও কর্মকর্তাবৃন্দ উপস্থিত ছিলেন।

সরকারের নতুন আবাসন আইনের প্রভাব মোকাবেলায় হাউজিং নীতিমালা তৈরীর উদ্যোগ নিয়েছে কাউন্সিল

Council develops new housing strategy - page 5

সরকারের হাউজিং বিলের প্রভাব বাসিন্দাদের ওপর যতটুকু সম্ভব কম পড়তে দেয়ার লক্ষ্যে একটি কর্মপরিকল্পনা তৈরী করেছে টাওয়ার হ্যামলেটস কাউন্সিল।

প্রস্তাবিত আইনের ফলে টাওয়ার হ্যামলেটস বারায় সোশ্যাল হাউজিং বা সামাজিক আবাসনের সংখ্যা হাস পেতে পারে।

সরকারের এই পরিকল্পনার প্রভাবকে সহনীয় মাত্রায় আনতে কাউন্সিল নতুন একটি হাউজিং স্ট্যাটেজি তৈরীর উদ্যোগ গ্রহণ করেছে এবং এই নীতিমালার ওপর বাসিন্দাদের অভিমত জানতে চায় কাউন্সিল।

নির্বাহী মেয়র জন বিগস ১০০০ নতুন কাউন্সিল বাড়ি নির্মানের অঙ্গিকার করেছেন এবং বাডি ঘরের আকাশচম্বি দামের কারণে যেসকল বাসিন্দা যে জনপদে বেড়ে ওঠেছেন, সেখানে বসবাসের জন্য ঘর ক্রয় কিংবা ভাডা নিতে পার— ছেন না, তাদেরকে সাহায্য করার পন্তা খঁজে বের করতে সর্বাতাক চেষ্ঠা চালাচ্ছেন।

বর্তমানে পার্লামেন্টে পাস হওয়ার প্রক্রিয়াধীন সরকারের হাউজিং এন্ড প্রানিং বিল কাউন্সিলকে তার হাউজিং স্টক বা বাডি ঘর সর্বোচ্চ দরদাতার কাছে বিক্রি করে দিতে বাধ্য করবে।

এছাডা হাউজিং এসোসিয়েশনগুলোও যাতে রাইট ট বাই স্কীমের আওতায় কিনতে পারে সে ব্যাপারেও সরকার উদ্যোগ নিয়েছে।

যেখানে বিক্রিকৃত ঘরের অনুকূলে আরেকটি ঘর নির্মান করার অঙ্গিকার থাকলেও, টাওয়ার হ্যামলেটসে কোন কাউন্সিল মালিকানাধীন ঘর থাকবে অথবা ভাডা সামর্থের মধ্যে থাকবে এর কোন নিশ্চয়তা নাই।

স্থানীয় কাউন্সিল টেনেন্টরা যেখানে আজীবন নিরাপদ ভাডাটেস্বতের সফল পাচেছন. সেখানে নতুন টেনেন্টদের জন্য সর্বোচ্চ ১০ সরকারী বিলে প্রস্তাব করা হয়েছে। এর অর্থ হলো. সংশ্রিষ্ট হাউজহোল্ড বা পরিবারের আবাসন চাহিদা নিয়মিত মূল্যায়ন করা হবে। উদাহরণস্বরূপ বলা যায়, যদি পর্যালোচনায় দেখা যায় যে কোন কাউন্সিল টেনেন্টের অধিক সংখ্যক বেডরুমের প্রয়োজন নেই, যা এক সময় ছিলো, যেমন প্রাপ্তবয়স্ক কোন সন্তান অন্যত্র বসবাস করছে, তাহলে তাদেরকে তাদের প্রয়োজন অনুযায়ি নতুন ঘর দেয়া হবে।

এই বিলের আরেকটি মারাত্মক দিক হচ্ছে. যদি পরিবারের যৌথ আয় বছরে ৪০ হাজার পাউন্ডের বেশি হয়, তাহলে তাদেরকে সর্বোচ্চ রেন্ট পরিশোধ করতে হবে।

ভাড়া বৃদ্ধির মাধ্যমে যে অর্থ আয় হবে, তা সরাসরি চলে যাবে টেজারি বা সরকারী কোষাগারে এবং এই অর্থ আবাসন খাতে পুণঃবিনিয়োগ হবেনা।

টাওয়ার হ্যামলেটসের নির্বাহী মেয়র, জন বিগস এ প্রসঙ্গে বলেন, সরকারের হাউজিং এন্ড প্ল্যানিং বিল শুধুমাত্র সোশ্যাল হাউজিং টেনেন্টদের জন্য নয় টাওয়ার হ্যামলেটসের গোটা কমিউনিটির জন্য সত্যিকারের হুমকি হিসেবে

তিনি বলেন, এফোর্ডেবল হাউজিং বা সামর্থাধীন আবাসন নিয়ে অনেক কথা বলা হয়. কিন্ত প্রশ্ন হলো কার জন্য এফোর্ডেবল, কার সামর্থ্যের কথা বিবেচনায় নেয়া হচ্ছে। টাওয়ার

হ্যামলেটসের অধিকাংশ বাসিন্দাই নির্ধারিত ভাড়া পরিশোধের সামর্থ রাখেন না এবং যেসময় বাডি ঘরের সংকট তীব্র থেকে তীব্রতর হচ্ছে, সে সময় বছরের ফিক্সড টার্ম টেনেন্সি কার্যকর করতে সরকারের নতন আইন কার্যকর হলে হাউজিং সমস্যা সমাধানের পরিবর্তে আরো সংকটাপন

> মেয়র বলেন এই জনাই আমরা আমাদের নিজস্ব স্বাধীন হাউজিং স্ট্যাটেজি গ্রহণ করেছি। কিভাবে সরকারের নতুন হাউজিং আইনের ক্ষতিকর প্রভাব মোকাবেলা করা যায়, তার বাস্তবানুগ ও কার্যক্ষম সমাধানের আইডিয়া নিয়ে এগিয়ে আসার জন্য আমি বারার বাসিন্দাদের অনুরোধ জানাচ্ছি।

> ডেপুটি মেয়র এবং কেবিনেট মেম্বার ফর হাউজিং, কাউন্সিলর সিরাজুল ইসলাম বলেন, আমাদের নিজস্ব স্বাধীন হাউজিং নীতিমালা প্রণয়নে আমরা স্থানীয় বাসিন্দাদের সাথে ঘনিষ্টভাবে কাজ করতে আগ্রহী। তাই বাসিন্দাদের প্রতি আমরা আহ্বান জানাচ্ছি, তারা যেন তাদের বক্তব্য তলে ধরেন এবং তা গুরুতের সাথে শোনা হয়েছে তা নিশ্চিত করেন। তিনি বলেন আমরা শুনছি এবং সব কমিউনিটির জন্য এই বারাকে এফোর্ডেবল বারায় পরিণত করতে আমাদের নীতিমালায় বাসিন্দাদের অভিমত যাতে সবচেয়ে গুরুত্ব পায়, সেটাই আমরা চাই।

> নতন হাউজিং নীতিমালা প্রণয়নে আগামী কয়েক মাস কাউন্সিলের উদ্যোগে অনেকগুলো কনসালটেশন ইভেন্ট আয়োজন করা হবে. যেখানে বাসিন্দারা তাদের অভিমত তলে ধরার পাশাপাশি কাউন্সিলকে বিভিন্ন বিষয়ে প্রশ্ন করতে

গণ স্বাস্থ্য খাতে ৫ মিলিয়ন পাউভ সাশ্রের লক্ষ্যে কনসালটেশন শুরু

Savings to public health - page 9

টাওয়ার হ্যামলেটস্ কাউন্সিল বারার পাবলিক হেলথ বা গণ স্বাস্থ্য খাতের বাজেট থেকে ১ দশমিক ৩ মিলিয়ন পাউন্ড সাশ্রয় করতে কিছ প্রস্তাবণা ঘোষনা করেছে।

সরকার কর্তক তহবিল কর্তনের ফল হচ্ছে এটি এবং আরো ২ ৭ মিলিয়ন পাউন্ড সাশ্রয়ের লক্ষ্যে কাউন্সিল আগামী কয়েক সপ্তাহের মধ্যে আরো কিছ পরিকল্পনা ঘোষনা করবে।

প্রতিরোধক স্বাস্থ্যসেবা ও ব্যাপকতর গণস্বাস্ত্রের উনতি খাতে কাউন্সিল বাজেট থেকে মিলিয়ন মিলিয়ন পাউন্ড কর্তন করা হয়েছে। তাই, চলতি বছর সর্বমোট ৫ মিলিয়ন পাউন্ড সাশ্রয় করতে হবে এবং আগামী বছরগুলোতেও এই

খাতে আরো অর্থ কর্তন করতে হবে।

দেশের সকল কাউন্সিলকে এখন গণ স্বাস্থ্য খাতের কোন সার্ভিসগুলো অগ্রাধিকার পাবে. তা বাছাই করার সবচেয়ে জটিল কাজটি করতে হবে। টাওয়ার হ্যামলেটস বারাকে সীমিত সম্পদ দিয়ে স্বাস্থ্য ও পরিচর্যা সেবাগুলোকে চালিয়ে যেতে সবচেয়ে কার্যকর পন্তাগুলো অত্যন্ত সতর্কতার সাথে খঁজে বের করছে। এই পরিবর্তনগুলো সম্পর্কে চূড়ান্ত সিদ্ধান্ত নেয়ার আগে স্থানীয় বাসিন্দাগণ, সেবা গ্রহিতাগণ, কমিউনিটি গ্রুপসমূহ ও সেবা প্রদানকারী সংস্থাগুলোর সাথে পূর্ণাঙ্গ কনসালটেশন করার ব্যাপারে কাউন্সিল

শিক্ষা ক্ষেত্রে টাওয়ার হ্যামলেটসের সাফল্যের ধারাকে অব্যাহত রাখতে গঠিত হলো এডুকেশন পার্টনারশীপ New education partnership – page 8

শিক্ষা ক্ষেত্রে টাওয়ার হ্যামলেটস বারার ক্ষুলগুলোতে সাফল্য লাভের যে সংস্কৃতি রয়েছে, ইতিবাচক কার্যক্রম সম্মিলিতভাবে করা যায়, তা সেই ধারা অব্যাহত রাখতে নবগঠিত টাওয়ার নির্ধারণের লক্ষ্য নিয়েই এই পার্টনারশীপ হ্যামলেটস এডকেশন (টিএইচই) পার্টনারশীপকে স্বাগত জানিয়েছেন নির্বাহী মেয়র জন বিগস।

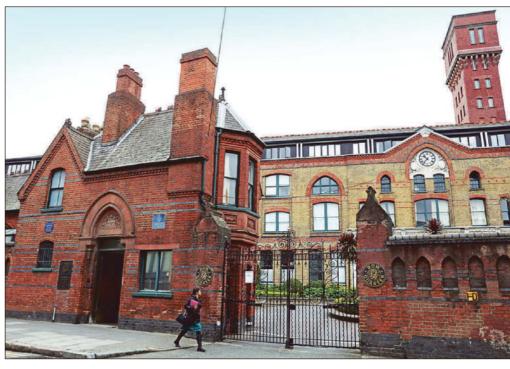
সর্বস্তরের স্টাফ ও গভর্নরদেরকে উন্নতমানের

পরিবর্তনগুলো আসছে তার আলোকে কিভাবে

১০ মে অনুষ্ঠিত কেবিনেট মিটিংয়ে তিন পরীক্ষার ফলাফল আরো উনুত করা, ভালো বছরের জন্য তহবিল ও সহায়তার বিষয়টি নিশ্চিত कार्यावनी रेज्जीकर्त्रन ७ विनिभग्न कर्ता धवः ऋत्नत्र कर्तात भरा मिरा मा भार्मेनात्रभीरभत धिगरा যাওয়ার পথে গুরুত্বপূর্ণ অগ্রগতি সাধিত পেশাগত দক্ষতা ও প্রশিক্ষণ প্রদানের লক্ষ্যে হলো। দ্যা পার্টনারশীপ গঠনের ক্ষেত্রে যাতে টিএইচই পার্টনারশীপ স্কুলগুলোর সাথে কাজ কোন ক্রটি বিচ্যুতি না থাকে, তা নিশ্চিত করবে। শিক্ষা ক্ষেত্রে জাতীয় পর্যায়ে যে করতেই কেবিনেট এই সিদ্ধান্ত নিয়েছে।



St Mary's Church, situated on an island site in Bow Road



The former Bryant & May safety match works

The games are afoot

Walk of the Month: Bow and the Olympic Park

On this month's walk, Graham Barker goes for gold at the Queen Elizabeth Olympic Park. Photos by Kois Miah.

IF you haven't yet visited the Queen Elizabeth Olympic Park, then this walk will be an eye-opener; choose a sunny day and stroll beside the stadium, Aquatics Centre and Orbit.

But even if you know the park well, you'll still spot something new: West Ham United are moving in, the giant tunnel slide is about to open, and the tucked-away Great British Garden is in bloom. There are dashes of heritage too as you set out from the heart of old Bow.

From Bow Church DLR station, it's a few Statue of William steps to the Bow Bells (1). Vibrant in orange, its East End credentials are clear: pearlies peer out from the mural and Cockney rhyming signwriting invites you to "Come in for a pig's ear, chased by a fine 'n' dandy".

Next door, the register office occupies the former Bromley Public Hall. Local





(2) opposite in the 1930s; crane your neck to study the canopy mosaics - showing sugar, wine and empire produce handled on the Thames – and David Evans' sculpted reliefs of construction workers curving into Fairfield Road

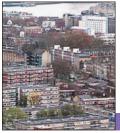
Continue eastwards – don't miss the 1919 Stratford Cooperative and Industrial Society beehive - and cross to meet William Gladstone (3), four times Prime Minister. Gladstone's hands are splashed red, said to represent the Bryant & May match girls' blood, though in fact this statue was financed by Theodore Bryant personally; a shilling levied from the girls' wages was used to finance a drinking fountain nearby.

Flagstones draw your eye towards St Mary's Church something of an architectural hotchpotch, having survived fires, storms and the Blitz – and a memorial commemorates Joseph Dawson, "whose life amidst the duties of an arduous profession was devoted to the welfare, improvement and religious education of the humbler classes."

Bow Arts Trust (4) provides emerging Park View artists with affordable studio space and Tube ball



16 **–** 29 MAY 2016



Population ups and downs

The East End of today is much changed from that of 1993. Then, it had a population of 161,000 residents, compared to 600,000 at the beginning of the 20th century – and around 300,000 now.

History still goes onJohn Rennie's popular history features

will continue in the council's new quarterly publication, Our East End.

History



Spitalfields' unique mix of old and new

Tower Hamlets has changed beyond recognition in the 23 years since East End Life was first published. John Rennie looks back over two decades.

LOOKING back 23 years, to that very first issue of East End Life, it's hard to recognise the Tower Hamlets of today.

Then, the East End was unfashionable and depopulated, with just 161,000 residents compared to a population of 600,000 at the beginning of the century.

And attempts being made to kickstart the decaying borough with project 'Docklands', after the hollowing out of the British economy in the 70s and after, had stalled.

Nobody, it seemed, wanted to live here, work here or start new businesses here.

Added to the gloomy mix, Tower Hamlets had become a byword for racial disharmony. The big story of 1993 was the BNP's Derek



Canary Wharf estate, pictured in 2007

l change in the east

Beackon winning the Millwall by-election. Racial attacks had been steadily rising around England and Wales, but we had it worse than most (unsurprising, of course, with a higher than average immigrant population). Was the East End finished?

The truth was that the green shoots the DLR then the Jubilee Line extension were already sprouting, albeit too tiny to notice, amid the rubble. Docklands would take off, after a halting start, though that would have its price for local people too.

And better transport links, with first

and the Overground (and with Crossrail to come), would allow incomers to discover that, remarkably, there was a London east of Tower Bridge.

Continued on pages 22, 23 & 24

'IT'S OUR EAST END' WAS THE FRONT-PAGE HEADLINE OF THE LAUNCH EDITION OF EAST END LIFE. AIMED AT TAPPING INTO THE RICH CULTURE, DIVERSITY AND FRIENDLINESS OF TOWER HAMLETS, THE **NEWSPAPER WAS DELIVERED TO HOMES** ACROSS THE BOROUGH.



EAST ENDERS WERE AT THEIR VERY BEST. PULLING TOGETHER AFTER AN IRA BOMB BLAST AT SOUTH QUAY. COUNCIL OFFICERS WORKED IN SHIFTS, FOR 24 HOURS, CLEARING UP DEBRIS. RESIDENTS ORGANISED GROUPS TO KNOCK ON OLD FOLKS' DOORS, THE COUNCIL OPENED EMERGENCY CENTRES AND TRAINED COUNSELLORS VISITED LOCAL SCHOOLS. PRINCE CHARLES VISITED TO SEE THE DAMAGE CAUSED BY THE BOMB.



No to racism

Council leaders called for harmony after the Stephen Lawrence inquiry report.

MARCH 1999



We backed the bid!

Seb Coe – double Olympic gold medallist and chairman and president of the London 2012 Olympic bid – visited Stepney Green School to encourage kids to back the bid.

MAY 2004

History





All change in the east

Continued from page 21

The East End would in fact become THE place to live in London – but again at a cost to local residents, who now found themselves priced out of their own areas.

But we're racing ahead. What did it all look like back in 1993?

When East End Life began, the brainchild of the council and realised by the maverick BBC journalist, the late Vincent Hanna, things were very different.

The borough was split into 'neighbour-

hoods' and each had a reporter producing news for the new paper.

Julian Scantlebury, Anthony Moonshine, Sandra Heavenstone and the rest of the team battled hard in the field to redress the negative image of the borough in the national press.

The paper, meanwhile, was physically put together in the offices of the East London Advertiser in Cambridge Heath Road, with pages assembled by a sub-editor and zipped back and forward

to the editor, down at the council offices in Poplar.

Within a year or so, the structure of both the borough and its newspaper would be simplified and rationalised and, with a series of redesigns, East End Life quickly came to be the newspaper you hold today.

Still, reporters and editors battled with the unique challenges of this unique borough—attempting to represent the views and the needs of dozens of different cultures and languages, reflecting an East End quickly changing, but trying to maintain a continuity with the centuries that had gone before.

I have had hundreds of conversations and email exchanges with readers over the last 23 years, and unfailingly the question that comes up is "How do you find something to write about every week?" (quickly followed by "Have you written about Jack the Ripper?").

The truth is that the East End is a gift to a local historian. We have 2,000 years of history to draw on and, although things went a bit quiet for a few centuries after the Romans, there is a rich seam to mine, without having to rely on a Victorian serial killer

There are the 'big' stories of course. Sometimes it seems that no major global event takes place without having a little echo in the East End. The Russian Revolution shaped the whole history of the 20th

2004

LONDON'S BID
FOR THE 2012
OLYMPIC GAMES
MOVED A STEP
CLOSER WHEN
TOWER HAMLETS
AND THREE OTHER
BOROUGHS GAVE
PLANNING
PERMISSION FOR
THE PROPOSED
OLYMPIC PARK.







Together we are stronger

The council won Beacon Status from the government for its role in helping to create a stronger, safer and more inclusive community in the borough.

ALL SET TO
GO
GO
GO TO THE MARKET TO

East End Life Island life

The London Docklands

Development Corporation

pulled out of the Isle of Dogs.

AUGUST 1997

History



century, but go back a decade or so before 1917, and in Whitechapel you will find Stalin and Lenin lecturing in smoky, latenight cellars – Stalin even lived here.

Indian partition and the collapse of the British Empire? Mohandas Gandhi lived in Kingsley Hall in Bromley by Bow for a spell before he returned to send the British packing.

How about the foundation of that empire (for good and ill)? It was from the docks at Wapping that James Cook, Christopher Newport and the rest set sail, resulting in a little island off the coast of Europe having dominion over half the planet. Here too were the ships built, long before the Isle of Dogs became synonymous with newspapers, high finance and overpriced apartment blocks.

The shipbuilders of Cubitt Town are just one example of the extraordinary industry and invention of East Enders.

Cubitt himself would go on to build much of what would become posh West London of course, and over the centuries the East End would give birth to Bow pottery, William Addis and his revolutionary idea for a brush to clean your teeth, lens maker John Dollond and the inventor of the modern supermarket, Jack Cohen.

Try for a moment to imagine a Britain without the toothbrush, cheap spectacles or Tesco.

Or railway tunnels come to that. With a terrifying disregard for what we would



DESCRIBE HER

AS AN EAST

LONDONER

AND BRITISH

ENDER, A

APRIL 2003



now call 'health and safety', the Brunels, father and son, drove their 'shield' through the mud beneath the Thames, constructing — amid much death and disaster — the first underwater tunnel, and in the process inventing underground railways. Their Thames tunnel today forms part of the London Overground, speeding passengers between south London and north (via the rejuvenated Spitalfields).

Continued on page 24

BUT ABOVE ALL A TRUE MUSLIM AND PROUD TO BE SO. "WE TAKE THIS OPPORTUNITY TO DECLARE IN NO UNCERTAIN TERMS THAT ISLAM STANDS FOR THE TRIUMPH OF HUMANITY, PEACE AND GOODWILL AND UTTERLY REJECTS MINDLESS VIOLENCE," THEY SAY.

Clockwise from top left: Children at Bethnal Green Gardens celebrate winning the London 2012 Olympic bid in 2005; casualties from the 7/7 bombing in Aldgate arrive at the Royal London Hospital in 2005; children celebrate the wedding of Prince William to Kate Middleton in Victoria Park in 2011; transport in the East End has been transformed with the building of the DLR and the East London Line, pictured here in 2007; the Canary Wharf estate rose out of the ashes of derelict Docklands; schoolchildren lay flowers in memory of the Queen Mother, who died in 2002; the new Royal London Hospital takes shape in 2007.

Leading the way

Many movements of resistance began within the East End but spilled over to change Britain as a whole.



Suffragettes based in Bow

Extraordinary to think that just a century ago, the fight for women's rights, even for the right to vote, was being directed from a little house in Bow by Sylvia Pankhurst.

SEE BELOW

History



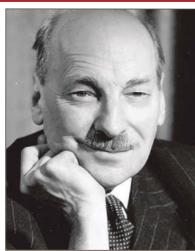
Hairstylist Vidal Sassoon





Suffragette Sylvia Pankhurst

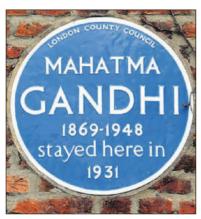




Prime Minister Clement Attlee



Comedian Bernard Bresslaw



Indian independence leader Gandhi lived in Kingsley Hall

All change in the east

important as heavy industry are Lee Cooper, Jimmy Choo and Vidal Sassoon all businesses born in the East End.

Much of our industry has come at great cost. Think of the deaths and disfigurements that accompanied the work of Bryant and May in Bow - once the biggest factory in Europe, the Fairfield matchworks was also key in the move to unionised workforces, and in the power of women to take industrial action... and change the course of history.

Because much of the politics that shaped Britain in the 20th century was fomented here in the East End. Extraordinary to think that just a century ago, the fight for women's rights, even for the right to vote, was being directed from a little house in Bow by Sylvia Pankhurst.

And the move to universal suffrage and for the right to strike (a right now much curtailed) was being won on the back of bloody disputes fought in the East End of London. Will Crooks, Clement Attlee, the great dock strikes, the Poplar rent strikes, and the later repulsing of fascism and the east London provided the cast list

Continued from page 21 Blackshirts – all were movements of We'd probably look different too. Just as resistance within the East End, but all spilled over to change Britain as a whole.

> Of course, communities cannot live by industry and struggle alone. You need a little entertainment too.

> The East End, with its extraordinary mix of races and cultures has proved disproportionately productive of talent down the centuries, from the players of Shakespeare's time to the filmmakers and musicians of the 21st century.

> From the day those touring players stopped touring and set up the first real theatres in Shoreditch, some 400 years ago, to the man who brought you the best Olympics opening ceremony ever, the East End has provided a welcoming home for talent.

> What would British comedy have been without Bernard Bresslaw, or BBC television have been during the 6os and 7os without the friendly voice of Jack Warner's Sgt George Dixon saying "Evening all"?

> Steven Berkoff, Bernard Delfont, Terrence Stamp, Lionel Jeffries, Marie Lloyd, Bud Flanagan and dozens more...

first for music hall, then movies, then television.

Sport too – don't forget that Tower Hamlets produced two professional football clubs before Millwall left the Isle of Dogs and West Ham headed east from the Thames Ironworks. But perhaps boxing has always been the true sport of the East End, with the likes of Lennox Lewis and Terry Spinks bringing glory and medals back to east London.

Fast forward to May 2016 and London has a new mayor, the Muslim son of a Pakistani bus driver. Unimaginable back in November 1993.

I'd like to thank all our readers for your company over the last 23 years as we've explored the history of the East End... the greatest part of our capital city, and one which never fails to deliver up a story.

For your letters, emails, criticism and suggestions for pieces, much thanks. It's goodbye from these pages, but I – and a crew of contributors – will be continuing the story online at www.eastlondon history.com and in the council's new quarterly publication Our East End.

Please join us there.

1998

WORK ON THE NEW MILE END PARK STARTED WITH A TREE PLANTING **CEREMONY AND THE** UNVEILING OF A **COMMEMORATIVE** PLAQUE.



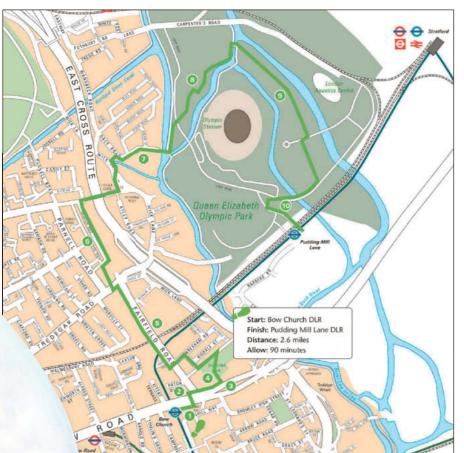


1999

THE COUNCIL ANNOUNCES PLANS TO REVOLUTIONISE LIBRARY AND LIFELONG LEARNING SERVICES BY **BUILDING IDEA** STORES IN THE BOROUGH.



The ArcelorMittal Orbit sculpture overlooks the Olympic Stadium



community-based art projects. Head down the alleyway and, if time allows, pay a visit to the Nunnery Gallery, currently exhibiting Dolly Mixtures.

Back outside, continue garden and into Grove Hall Park. A private asylum once stood here; Dickens described it comically in Nicholas Nickleby, when an amorous patient tries to woo Mrs Nickleby by throwing cucumbers and marrows over the garden wall.

Follow Jebb Street and skirt around Bow Garage – originally built as a tram depot in 1908. The pavement slopes under the DLR and mainline. Rising in red brick beyond, Bow Quarter (5) was Bryant & May's safety match works from 1869 to 1971.

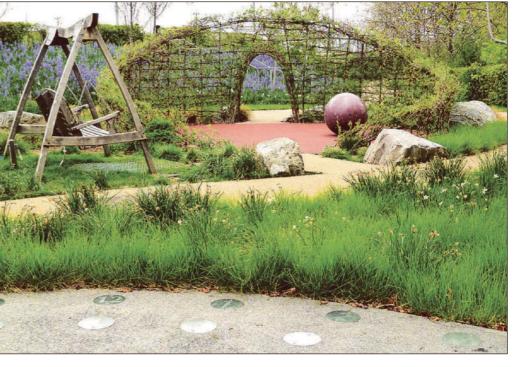
A blue plaque commemorates the 1888 match girls' strike and gatehouse panels Road and Roman Road itself.



include a flaming torch inscribed 'ex luce lucellum' or 'out of light a little gain'.

Take care as you cross to Pancras Way. It soon widens into a green, with Eastside Youth and Community Centre off to the reborn" – and spot your reflection in the left, offering employment training, welfare advice and young people's activities.

Glass panels on Garrison Road (6) depict Apollo, Flora and other Roman deities. Archaeological excavations nearby in 1845 uncovered evidence of a Roman road and settlement – hence Legions Walk, Garrison



The Great British Garden

Two giant red anemones sprout from Lefevre Park, designed by Helena Roden. Around the corner in Old Ford Road the 1870 Wesleyan chapel – recently converted into housing – was designed in South Kensington style with ornate terracotta roundels.

Traffic roars below as you slope over the A12. It becomes more industrial; engravers, timber merchants and exhaust distributors work from Crown Close Business Centre. Head round towards the Big Yellow chimney – all that remains of the Crown wallpaper factory.

A cluster of metallic prongs opposite marks the start of the Greenway, a walking and cycling route that sits astride the Northern Outfall Sewer; Joseph Bazalgette engineered this sewer to overcome Victorian Zaha Hadid's iconic London's problems with water-borne cholera. Aquatics Centre

You'll see more of the Greenway later. But for now, take the steps immediately down into Fish Island (7). Developed as a late Victorian factory town, Fish Island is not actually an island, but the street names have a fishy flavour: Dace, Bream and Roach. Percy Dalton's peanut factory is now an enclave of artists, bookbinders and picture framers, and Swan Wharf – an Edwardian triple-decker stable block - operates as a quirky events venue.

Cross the Lee Navigation at Old Ford Lock. From the towpath – opposite Forman's pink salmon smokehouse – slope towards the stadium; soon you enter the hiddenaway Great British Garden (8). Bumblebees buzz among the agapanthus, newts dip in the pond, and birdsong surrounds you. Wander through the willow tunnel, try out the 'Rachel and Hannah' chair swing, and figure out the time using the sundial.

A wooden walkway continues high above the Old River Lea, one of a network of Bow The Olympic Park back rivers. En route, look out for a pavement disk - "Now give a rousing welcome to these Games, on London's river banks bridge's angled mirrors.

Step up the wooden terracing to Mandeville Place – a pavilion of glass brick columns set around an orchard; here you'll find fruit trees from the hometown of every GB Paralympic gold medallist.

Views open out towards the stadium the centrepiece during the 2012 Olympics



and now adapted as a 60,000-seater ground for West Ham and British Athletics.

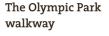
Weave through the delights of the Queen Elizabeth Olympic Park (9); the energetic can amuse themselves with rope bridges and slides, the less boisterous can relax on a wooden recliner.

The Aquatics Centre's sensual double curves come into view – designed by the late architect, Zaha Hadid – with Westfield shopping centre beyond. Closer to hand, young and old alike enjoy frolicking among the dancing fountains as they alternate their rhythm. Copper birches and silver globe lights add further colour.

As you approach the Podium, it's hard to resist spelling out letters on the 'pixel wall' of rotating cubes. Beyond, the red steel ArcelorMittal Orbit—the UK's tallest sculpture – swirls skywards. Designed by Anish Kapoor, it incorporates a viewing platform, freefall abseil and - from late June - a 15mph tunnel slide.

From here, you're aiming for the limegreen View Tube (10) perched on the Greenway; formed out of freight containers, it incorporates an open-air gallery, bike hire station, community gardens, and glassfronted café.

After exploring, slope down behind the mirrored ball. Pudding Mill Lane pumping station is delicately imprinted with Bazalgette's blueprints, and the odour control units are affectionately known as Pinky and Perky. Beyond the railway bridge, follow the signs to Pudding Mill Lane DLR station, the end of your walk.





A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

www.towerhamlets.gov.uk



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forwardplan/forward-plan.cfm

7pm: Annual council meeting For details call Matthew Mannion on 7364 4651 or email matthew.mannion@ towerhamlets.gov.uk hamlets.gov.uk

Tuesday, May 24

Creative

Event

Enterprise

Wednesday, May 18

5pm: Commissioners' decision-making meeting For details call Antonella

Burgio on 7364 4881 or email antonella.burgio@tower hamlets.gov.uk

TOWER HAMEETS Apply for it Pay it Report it Request it Sign up

Meetings Tuesday, May 31 6.30pm: Licensing sub-committee

For details call Simmi Yesmin on 7364 4120 or email simmi.yesmin@tower

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

Get creative

business

and boost your

and Juliet balcony.

8 Ibbott Street - loft conversion with rear dormer, 2 skylights to rear elevation

Holland Estate, Commercial **Street –** details of ventilation of planning permission, ref:

PA/08/02347. 81-91 Commercial Road details of external facing materials of planning permission, ref: PA/15/02877.

87 Turner Street refurbishment of existing public house along with 3-storey extension to the west elevation to allow for the use of the upper storeys as residential and associated works

105-107 Fieldgate Street details of car-free agreement of planning permission, ref: PA/14/00039.

281-285 Bethnal Green Road details of construction environmental management

Planning plan, piling method statement, 20-66 Addington Road – secure by design, foundations, basement and ground floor design and method statements and contamination of planning permission, ref: PA/14/03424. 8 Sewardstone Road -

conversion of the existing

basement into a 1-bed flat with ancillary works to create front entrance.

Land at south east junction of Douro Street and Fairfield Road - details of

archaeological evaluation report of planning permission, ref: PA/15/00455.

Site at north east junction of Blackwall Tunnel northern approach and Twelvetrees **Crescent –** details of delivery and servicing plan and waste management of planning

permission, ref: PA/15/01470. Unit B, 36-40 Copperfield **Road –** details of car-free plans of planning permission, ref: PA/15/00725.

replacement uPVC front

entrance doors and windows to flats

Meridian Gate, Marsh Wall details of acoustic measures of planning permission, ref: PA/14/01428.

City Pride Public House, 15 Westferry Road - minor amendments to internal layout of amenity pavilion and basement levels

Glaucus Works, Leven Road details of sustainable water management of planning permission, ref: PA/13/03053. Site bounded by Limehouse

Cut, St Annes Row and Commercial Road - details of reed rafts and landscaping of planning permission, ref: PA/14/02310.

256-258 Poplar High Street -6-storey, development containing one commercial unit at ground floor and nine apartments on floors 1 to 5, replacing existing buildings.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

Mix it with the creators

CREATIVE professionals are invited to a free networking session where they can share ideas and let the council know what they need to prosper.

The event, hosted by the council, will take place on Monday, May 16 at 5.30pm, at Rich Mix in Bethnal Green Road.

There will be displays and visitors can get inspiration and funding ideas from guest speakers from the Arts Council, Big Lottery Fund and Full Fat PR, followed by a Q&A session.

There will also be an opportunity to meet councillors and staff from the borough's enterprise team to discuss the needs and priorities of local businesses, as well as the challenges that they face.

Mayor John Biggs said: "Tower Hamlets has a thriving arts and creative sector and I am keen to support local businesses to help them flourish.

"The event aims to be an opportunity for entrepreneurs to find out about what support is available and how the council can help."

Cllr Joshua Peck, cabinet member for work and economic growth, added: "This is the first in a series of business networking events we are looking to deliver.

"Please do take advantage of this opportunity to network and find out how we can support your business."

To book your free place email business. forum@towerhamlets.gov.uk or call 7364 4458.

Tower Hamlets • report a missed rubbish collection online make a doorstep recycling www.towerham lets.gov.ukFor information on council report an abandoned vehicle services, including • bulk rubbish collections





Sign up for news and more

Want local news and offers sent straight to your inbox? Residents and businesses can register today for up-to-date service information and more from the council.

WWW.TOWERHAMLETS.GOV.UK/SIGNUP



Did you get it?

Last edition's photo poser was taken in Oueen Elizabeth Olympic Park.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits - 7364 5001 Council tax - 7364 5002 Parking services - 7364 5003 Streetline - 7364 5004 Adult social care - 7364 5005 Children's services - 7364 5006 Pest and noise nuisance -7364 5007

Employment & skills service (Skillsmatch) - 7364 3727 Environmental health, trading standards & licensing -7364 5008

Planning & development -7364 5009

Business rates - 7364 5010 Recruitment line – 7364 5011 Electoral services – 7364 0872 **Tower Hamlets Homes**

-7364 5015 Healthline - 7364 5016 Anti-Fraud - 0800 528 0294

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs - 0800 376 1637 Tenancy support - 7364 5544 Housing advice - 7364 3558 Homeless service - 7364 7474 **Choice-based lettings**

- 7364 0244 Homeseekers - 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



THIS photo of nine-year-old Amirah playing under the cherry blossom in Valance Road, Bethnal Green, was taken by East End Life photographer Kois Miah. If you would like to see more photos taken by Kois, visit the council's Flickr site at flickr.com/photos/towerhamletscouncil

Report it!

To report an incident, use these 24-hour freephone numbers: Non-emergency crimes – 101 Textphone - 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours) 24-hour domestic violence national helpline 0808 2000 247

Haven Whitechapel (sexual assault referral centre) 7247 4787

Karma Nirvana (Honour **Network Helpline)** 0800 5999 247

Broken Rainbow (LGBT domestic violence) 0845 260 4460

Black Women's Health & Family Support 8980 3503

Rights of Women

(legal advice) 7251 6577

Victim Support Line

0845 30 30 900 **Victim Support Tower Hamlets**

8555 8254 **NSPCC Child Protection**

Helpline 0800 800 5000

Childline

0800 1111 **Shelterline**

0808 800 4444 **Respect (for perpetrators)**

0845 122 8609

Reunite (advice about child abduction) 0116 2556 234

Men's Advice Helpline 0808 8010 327 **Samaritans**

08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green - 1 Rushmead, off Bethnal Green Road, E2 Bow & North Poplar - John Onslow House, 1 Ewart Place, E3 South Poplar - 15 Market Square, Chrisp Street, E14 Stepney & Wapping -Idea Store Watney Market, 260 Commercial Road, E1. Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow - Gladstone Place, E3. Canary Wharf - Churchill Place, Canary Wharf, E14. Chrisp Street – Vesey Path, E14. Whitechapel – 321 Whitechapel Road, E1. 7364 4332 Watney Market – Commercial E1. 7364 4332 All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries Bethnal Green – Cambridge Heath Road, E2. 7364 3493 Cubitt Town - Strattondale Street, E14. 7987 3152 All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm. Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory @towerhamlets.gov.uk

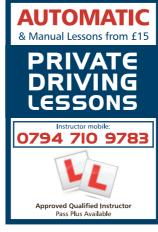
URGENT HOME SWAPPER

We have a lovely 5 bedroom council maisonette property on the 1st floor facing Stepney Green Park (on Stepney Way). Four double bedrooms and one single. Bathroom with toilet and separate toilet. One room is next to living room so can become a dining room. Property also has medium size balcony, lots of storage space, two sheds on the ground floor of building for prams etc. Property also has RIGHT TO BUY (valued at £280k in April 2012).

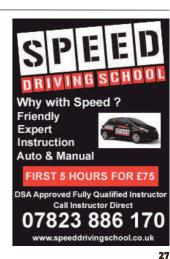
We need a 3 bed (6 person) ground floor property (due to mother's ill health) with one room, bathroom and loo in the ground floor as a minimum, or stair lift with rooms on 1st floor. Garden is a big must.

If you are interested in the swap please contact me on 07947 400 512

I can send images via watsapp/email









Twitter time!

Follow us on Twitter at **twitter.com/tower hamletsnow**

TWITTER.COM



Things that go bump in the night Spend a night at the V&A's Museum of Childhood and check out

Spend a night at the V&A's Museum of Childhood and check out what's hiding in the sandpit. Do you dare? Or are you too scared? For grown up people only!

SEE RELOW

Out & About

News in briefCanal carnival

FOR generations, the Regent's Canal has been an integral part of the identity of the East End.

You can discover the wonders of this and other waterways at the East End Canal Festival on Saturday, June 26.

The free event, which is supported by the council, celebrates the 200-year history of the Regent's Canal with activities including boat trips, painting workshops, a film show, an exhibition, walks and more.

Children's fun includes pond dipping, dressing up, storytelling and face painting.

It takes place at the Art Pavilion in Mile End Park and families can make a day of it by visiting the Ragged School Museum in Copperfield Road.

There will also be a bandstand concert in Victoria Park. For more details visit **www. friendsofregentscanal.org**

Adults only show

GROWN UPS are invited to their own night at the museum when they can explore the V&A's Museum of Childhood at dusk.

Here you can discover the

strange quirks of puppetry, dolls' houses and Victorian toys. Take part in a scavenger hunt before taking a tour of the museum and unwinding at the bar.

And you can take photos in the Phossobooth and check out the Venetian Puppet Theatre.

The evening takes place on Thursday, May 12 from 7-9pm and costs £10 per person.

The V&A Museum of Childhood is in Cambridge Heath Road, E2. Call 8983 5200 or visit www.vam.ac.uk/moc

Cemetery fair

TOWER Hamlets Cemetery Park will hold its annual summer fair on Saturday, June 4.

Stallholders can still book a table; there is no fee but you are asked to make a donation to the park's Friends group.

The fair takes place from 12noon-5pm at the park in Southern Grove. Eq.

Email contact@fothcp.org

Call goes out to land your air ambulance snapshots

BY JACQUELINE HARTHILL

LONDON'S Air Ambulance has launched a photography competition.

Snappers are invited to submit photos of the service's iconic helicopters and rapid response car fleet, for possible inclusion in its 2017 calendar.

Money raised from sales of the calendar will help the charity, which delivers an advanced trauma team to critically injured people in London, to continue saving lives in the capital.

London's Air Ambulance treated 87 people last year in Tower Hamlets alone.

Its fleet of helicopters, used during daylight hours, and



London's Air Ambulance helicopters are photographed thousands of times a year

rapid response cars, used at conditions, are photographed year, often in some high profile night or in adverse weather by thousands of people each locations such as Buckingham

Palace, the British Museum, Trafalgar Square and Horse Guards Parade.

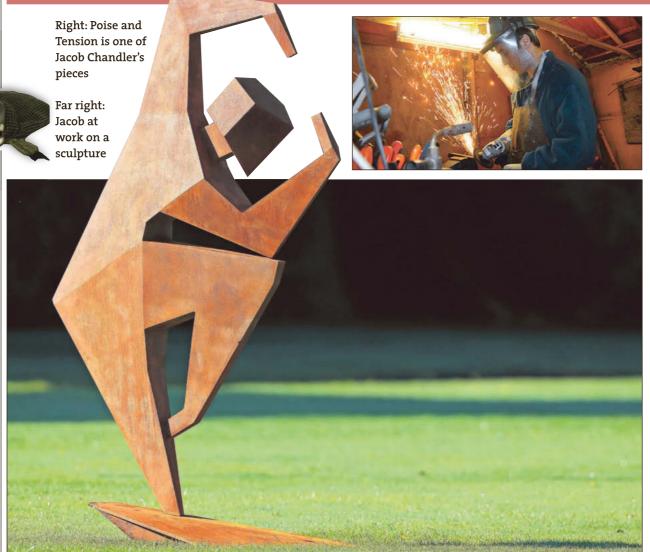
The deadline for competition entries is Friday, July 22. The best photos will be picked by a judging panel made up of air ambulance staff.

To enter, email your photos to photos@londonsair ambulance.co.uk detailing when and where the picture was taken

To be eligible, all photos must have been taken in 2016 and submitted via email.

Entrants can also share their photos with **@LDNairamb** on Twitter by using the hashtag **#LDNairambPhotos**

Visit www.londonsair ambulance.co.uk for details.



Sculpture of human failings

HUMAN frailty is the focus of a new exhibition at The 5th Base Gallery in Spitalfields.

Sculptor Jacob Chandler shows his work in Perceptions of the Figurative from May 15-18.

The 21-year-old's work ties into his personal health story and highlights the contrast between the fragility of the architecture of our bodies and the social effect of their natural beauty.

Jacob's work was picked by artist Constantine Anjulatos, who discovered his talent through a national, open call competition, which is open to emerging, midcareer and established artists.

Jacob is also the youngest person to win the Royal Birmingham Society of Arts Open Call competition.

Entrance to the gallery at 23 Heneage Street, E1 is free and the show runs from 11am-6pm. Visit **www.5thbase.co.uk** for more details.



Let your photography take off

London's Air Ambulance photography competition is open to everyone. The best pics will be used in their 2017 calendar so send in your shots of the crew in action.



showcase work construct-

ed from recycled, reused

Our Future in Your Bins was

conceived by east London social artist and educator Tareshvari

Robinson who wanted to

counteract her growing distress

around her inability to control

Together with fellow artists

Ben Swift, Libia Escudero,

Marlene Rolfe, Neil Lamont and

Maraike Wittbrodt, she created

works that transform landfill

Tareshvari has created a

3D installation of a spiral of

tiny illuminated worlds inside

her weekly rubbish pile.

into treasures

and found materials.

Twitter time!

Follow us on Twitter at twitter.com/tower hamletsnow

Artists give life

to old has-bins

TWITTER.COM

Out & About





Addictive TV (above) will be performing one of the specialist live AV remix sets at the Rich Mix Splice festival

Variety's the Splice of life at Rich Mix

LONDON'S new audiovisual (AV) performing arts festival comes to Rich Mix in Bethnal Green.

BY JACQUELINE HARTHILL

Splice runs from June 3-5 and brings together a host of diverse artists from around the globe for a three-day feast of live cinema, AV remixing and visual music from both established and emerging artists with performances, workshops, talks and networking events.

Boasting a live AV performance by Cassetteboy as headline, the programme will also include a DJ set by Plaid (Warp Records), a live AV remix set from Addictive TV, abstract visual electronica from Sculpture, bass heavy electro AV from Germany's incite, video turntablism from Solid Steel's DJ Cheeba, live cinema from The Light Surgeons, plus music from Mexico's Incognito Traveller (BBE records)

Coldcut's Matt Black (Ninja Tune), Cymatics expert Zach Walker and Leon Trimble host free workshops including a beginners guide to AV. The festival's educational programme also features talks from Goldsmith's University researcher Nuno Correia and British artist Zak Norman, known for his collaborations with Squarepusher.

Founded by five leading practitioners of live video art and part-funded by Arts Council England, SPLICE aims to engage, educate and entertain both existing and new audiences.

For more details, the artist line-up or to view the full programme, visit www.splicefestival.com. Tickets range from £5-£12.50. Rich Mix is at 35-47 Bethnal Green Road, E1.

Cassetteboy will be headlining the Splice festival

PHOTO: Steve Ullathorne

A NEW exhibition will and discarded items and solar powered fairy lights.

> And Lamont has used objects that shows our constant demand for energy, intimately connected with other facets of global capitalism.

> The project was supported by Globe Community Project, Idea Store Watney Market, the council and borough waste and recycling collectors, Veolia.

> During the exhibition, Veolia will run workshops and stalls to help residents make the best use of recycling services.

The exhibition opens on World Environment Day, June 2, and runs throughout the month at Idea Store Watney Market, 260 tin cans, food packaging Commercial Road, E1.



Tareshvari Robinson's work is at Our Future in Your Bins

Six share their favourite music

about the song that changed their lives.

Now, a festival at Wilton's Music Hall gives the stage over to six guests to tell the story of how music has affected them.

One Track Minds is described as a cross between Desert Island Discs and storvtelling

Guests include a selection of www.wiltons.org.uk

MANY people have a story writers, artists, thinkers and musicians who will describe how music has connected them. inspired them and helped to change their minds at times.

> For a full list of who will be appearing, check online.

> One Track Minds is at Wilton's in Graces Alley, E1, on May 19 and 20 from 7.30-9.30pm. Tickets cost from £8-£12.

Call 7702 2789 or visit



Twitter time!

Follow us on Twitter at **twitter.com/tower hamletsnow**

TWITTER.COM



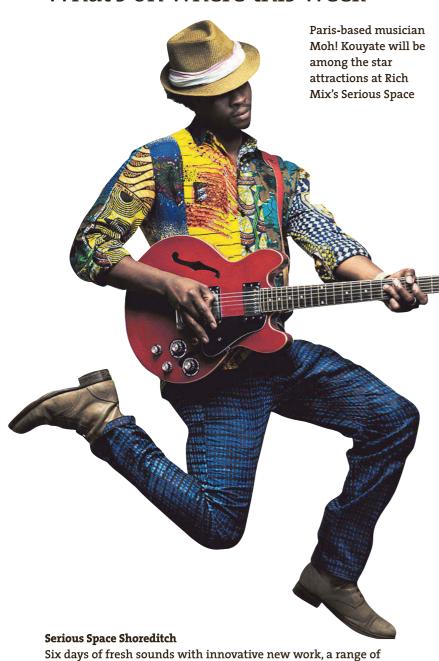
Festival of the Communities

Festival of the Communities is a two-week festival that will celebrate life and explore living and learning in the borough with hands-on activities and interactive demonstrations.

SEE RELOW

Out & about guide

What's on where this week



contemporary music and collaborative arts projects.

Mon, May 16-Sat, May 21. £15 plus booking fee.

Rich Mix, 35-47 Bethnal Green Road, E1.

serious.org.uk/SeriousSpace

7613 7498

Cinema

17th Rainbow Film Festival

Rainbow Film Society, a local charity that works with the community, is celebrating 25 years of organising regular screenings and training for local people.

This festival features a variety of films, including Krishnopokkho, Gohine Shobdo (Dark Resonance) and The Bachelor. From Sun, May 29, time and venues vary.

www.rainbowfilm society.com



Comedy

Grand Slam!

A classic story of gangsters, love and splurge guns, staring Luke Meredith, Ophelia Bitz and StepEast Dance in the Bubble Club's very own speakeasy. Will Fat Sam be able to save his nightclub from the gangsters? Will Blousy get her big audition? And most importantly, will they avoid being splurged? With singing, dancing and lots of fun! Weds, June 8, 7pm.

Backyard Bar, Cambridge Heath Road, Bethnal Green, E2. http://backyardbar.co.uk

Dance

The Pink Jukebox

A ballroom and Latin dance club for members of the LGBTQ community and their friends. Classes (advanced, intermediate and beginners) take place from 2-4.30pm, followed by social dancing until 7pm. Dancers of all levels, including absolute beginners, are welcome.



Suitcases and Sanctuary

19 Princelet Street, the Museum of Immigration, will be holding free open days to celebrate Refugee Week. This exhibition, created with some of the borough's primary schools, is site-specific exploring the history of immigration that shaped Spitalfields, seen through the eyes of today's children. It is the story of one area, of London and the making of multi-cultural Britain.

Sun, June 19-26, 2-6pm. Free.

Museum of Immigration, 19 Princelet Street, E1.

7247 5352

www.19princeletstreet.org.uk.

Sun, Jun 26, 2-7pm. £10. Bishopsgate Institute, 230 Bishopsgate, EC2M. 7392 9200 www.bishopsgate.org.uk

Events

Africa at Spitalfields

Dance, games, music and stalls selling street food as well as clothing, accessories and handmade wares.
Mon, May 30, 10am-5pm.
Spitalfields Market, E1.

All Ability talent show

Talent show for young people aged 14-25 hosted by 'A' Team Arts. With stalls, games, activities, stalls, music and fun. To enter, email canan.

salih@towerhamlets.gov.uk

Sat, May 21, 3-6pm. Free. Brady Arts and Community Centre, 192-196 Hanbury Street, E1 5HU. 7364 7900

Dance and Storytelling Family Workshop

Using your favourite line from your

XX Place Health Centre

invites you to enjoy a cup of tea and slice of cake on Tuesday 24th May, 9:30am – 3pm

XX Place Heath Centre, Alderney Building, Mile End Hospital Site, Bancroft Road E1 4DG

At 11:30am, representatives from St Joseph's Hospice will be giving talks about the care they provide in English and Bengali.

For more information contact: Nasim on 020 7167 2828







Light and shade

Renaud C Haslan uses photography to explore colours, textures, the light and the dark, in this latest exhibition, Chroma, in the Belfry of St John on Bethnal Green.

Lots to like!

Like our Facebook

page at facebook.com/
towerhamletscouncil

SEE BELOW

Out & about guide

What's on where this week



Festival of the Communities

Inaugural event gets underway with a family fun day. Visitors can see a full-size T Rex skull and talk to experts about it, recreate the universe with Lego physics and make a pedal-power smoothie.

Sat, May 21-Sat, June 4, 1210001-5pm. Stepney Green Park,

Stepney Way, E1.

www.qmul.ac.uk/festival

favourite book as a starting point, Jo Meredith and Sean Bruno will help you to create an original dance theatre performance. The workshop will explore simple choreographic ideas and tasks inspired by the stories you bring with an informal performance of the work at the end. Sat, May 21, 3-5.30pm. £5 per child (accompanying adults free, max two adults per child), suitable for children aged 7-10.

Wilton's Music Hall, Graces Alley, E1. 7702 2789

http://wiltons.org.uk/

DIY Cultures 2016

A day-long festival of zines, artist books, comics, artist-run spaces, talks, films, animation, poetry, video art, exhibitions and workshops. A special exhibition, #RadicalLibraries, will take place in the Cafe Gallery, produced and curated by Hamja Ahsan and Helena Wee of Other Asias and Sofia Niazi of OOMK. Sun, May 29, 12-7pm. Free. Rich Mix, 35-47 Bethnal Green Road, E1. 7613 7498 http://diycultures.tumblr.com

DUCKIE: Lady Malcolm's Servants' Fancy Dress Ball

Lady Malcolm's Servants' Ball was a

notorious party on London's queer scene in the 1920s and 30s. For Gay Pride Weekend 2016, this will be a fancy dress heritage ball with performance and dancing. Fri, June 24-Sat, June 25, 9pm-3am. £20. Bishopsgate Institute, 230 Bishopsgate, EC2M. 7392 9200 www.bishopsgate.org.uk

A Walk in the Park

Discover the stories, people and hidden history of Victoria Park on a walk with author and cultural commentator Travis Elborough, who was Chisenhale Gallery Victoria Park residency artist for 2014/15.
Sun, May 22, 2-3.30pm. Free.
Victoria Park, Grove Road, E3.
http://traviselborough.co.uk

Shuffle Festival 2016

This year's Shuffle in Mile End features 24 hours of film, science, talks, art, performance, food and music and will explore the role that myth, belief and reverence has in humanity. Full information and line-up will be announced soon.

Sat, July 9.

Tower Hamlets Cemetery Park, Southern Grove. E3.

Exhibitions

www.shufflefestival.com

Chroma (between darkness and light)

Visual artist Renauld C Haslan takes on a transitional world of vivid



Falstaff

Sir John Falstaff spends his days in his local, The Garter Inn, conning and cajoling his mates into emptying their purses to feed his insatiable appetite. On tap today: seducing two local ladies, Meg Page and Alice Ford, but the ladies have a rather different idea! The Fullham Opera brings energy and wit to Verdi's Falstaff. Mon, May 23-Sat, May 28, 7.30pm. £23/£17/£18/£12. Wilton's Music Hall, Graces Alley, E1.

7702 2789 http://wiltons.org.uk

colours and textures stimulated by the seasons – in pure photographs and altered images.

Until Sun, May 25, Thurs and Fri, 6-9pm, Sat and Sun, 1-6pm. Free. St John on Bethnal Green, E2.

Abstract Art

Group exhibition featuring Myriam Achour, Daniela Lamont, Kayava, Kathlyn Pagador, Kalisaur, Fedele Barletta and Aneta Barglik. Until Fri, May 27. Free. 504 Gallery Room, Roman Road, E3. http://504galleryroom.co.uk/ index.html

Theatre

The Tale of Jack Sheppard

Otherstory's paper theatre show tells the story of the Spitalfields lad who

Keith Sonnier:

Featuring rare works by

view for the first time in

the UK. Sonnier's three-

dimensional drawings

with neon bathe spaces

in the luminescence of

coloured light.

American sculptor on

Light Works

became a jailbreaker and popular hero. The use of simple cut-out puppets and a zigzagging set leads the audience through unexpected turns among the characters, institutions, and dodgy deals of a time of upheaval.

Thu, May 19-Fri, May 20, 7.15pm. £10/£6 concessions.

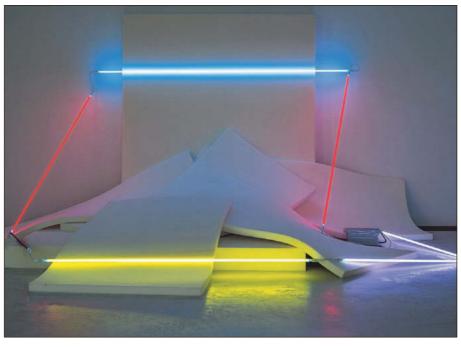
May 19, Carboard Citizens, 77a Greenfield Road, E1.

May 20, Brady Arts Centre, 192-196 Hanbury Street, E1.

07501 614256 https://otherstory.org/

Poppies: a new musical

In August 1914, the world unknowingly entered the biggest conflict it had ever witnessed. As men answered the call to fight, three young women decided they too must find their place on the frontline. Based on a true story of Lena Ashwell and her concert parties, Poppies shines a light on the women who risked their lives to bring music and drama to the battle-scarred men of the First World War. Tues, May 17-Sat, May 28, 7.30pm, Sat mat 2.30pm. £9-£12. The Space, 269 Westferry Road, E14. 7515 7799 https://space.org.uk



Fri, June 10-Sun, Sept 11. Free. Whitechapel Gallery, 77-82 Whitechapel High Street, E1. 7522 7888

www.whitechapel gallery.org

Pictued is Ba-O-Ba VI PHOTO: Wolfgang Stahl]











Bow Wharf 221 Grove Road London E3 5SN 020 7998 9455

info@regentslake.co.uk www.regentslake.co.uk 13A Rigg Approach Leyton London E10 7QN 020 7998 9455

info@mintcaterers.co.uk www.mintcaterers.co.uk

Wedding | Walima | Mehndi | Akikah | Conference | Social & Family Events

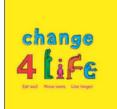






www.regentslake.co.uk

www.mintcaterers.co.uk



Five good reasons to eat five a day?

1. They're full of vitamins. 2. They help keep your weight down. 3. They're a source of antioxidants. 4. They cut the risk of heart disease and some cancers. 5. They are delicious!

www.5aday.nhs.uk



WWW.TOWERHAMLETS.GOV.UK

Eating out, eating in

Enjoying café society

AND so, it's the end of an era and. with tears in my eyes, I sip my last latte and lounge over lunch.

What better place to say au revoir to the world of East End restaurant reviews than the Pavilion café, in the heart of my favourite place in the world: Victoria Park.

Whether I'm cycling to London Fields or walking Maggie the whippet, the Pavilion café is the beacon of calm I come back to time and time again, overlooking the park's majestic boating lake.

My tastebuds are kicked off with fresh cranberry juice and a latte that is sumptuous in texture and taste.

My Sri Lankan breakfast is a warming treat on a temperamental day – a soothing lentil daal, a consommé-clear egg curry, shredded cooked beetroot (which adds wonderful colour to the already enticing palette) and coconut chilli sambal (a hotties sauce that traditionally would be more liquid than my version), all atop a bed of string hoppers (thin rice noodles).

All beautifully presented in individual dishes so you play, like children, with different flavour quotients.

For the slightly more traditionalist, the staff kindly turned their BLT into a vegetarian version by replacing bacon with large slabs of perfectly grilled halloumi.

I had one of those rushes, as I looked out on to the peaceful Victorian vista, (albeit next to the Silver Fox noisily slurping down the dregs of a fresh pink grapefruit down with perfect coffees, zinging fresh Road, E9. Tel: 8980 0030.



What better place to say au revoir to the world of East End restaurant reviews than Victoria Park's Pavilion café

juice), thinking this would be one of those images that flashes before my eyes on my death bed.

Philosophy disappears when I eye the pastry section and, never completely sated, I bite into a chocolate-dense brownie sweetness of my favourite treat.

I'm not sure if it's due to growing up in the 8os, where one couldn't get through a press.com dinner party without someone wheeling in a Black Forest gateau, but I've never been able to beat the sweet-and-sour delight of a cherry/chocolate combo.

juices and devilish desserts for just over £30 all in. And it is worth noting that the Pavilion also sells its gorgeous breads and coffee beans so you can carry on qualitygorging at home.

I can't think of a better way to bow out. which met perfection when my tastebuds Thank you readers for your patience as hit a sour cherry to counterpoint the dark
I've swooned over suppers and lamented over lunches All East End Life reviews can be found at www.legordonblue.word

"One cannot think well, love well, sleep well, if one has not dined well" - Virginia Woolf, A Room of One's Own.

■ Pavilion café is next to the boating Two ate a leisurely lunch in bliss, washed lake in Victoria Park, corner of Old Ford

Simple and nutritious

THIS dish is simple to make and can be eaten nutrients such as protein,

leafy vegetable which is in wanted to change the recipe. season right now and packed with plenty of important Buywell stores for fresh spinach vitamins and minerals needed by our body, such as vitamin C Health Award sticker for quality, and folate.

Chickpeas also contain as a starter or a side dish. iron and fibre. You can swap Spinach is a wonderful, green chickpeas for lentils if you

> Check local markets and - look out for the Food for reasonably priced produce.

Spicy chickpeas with spinach

– serves 4

Ingredients 1 tin chickpeas in water (or 8oz dry chickpeas*) 250g spinach 1 tbsp rapeseed oil 1 small onion, chopped 1 small tomato, diced

1 green chilli, chopped (optional) Quarter tsp chilli powder (optional)

Method

1. Heat the oil in a medium saucepan. Add the onion and fry until soft.

2. Add the tomato and ground spices and fry together for 2-3 minutes. Add the chilli and chilli powder, depending on how hot you would like. 3. Add the chickpeas, stir and fry for a further 2-3 minutes.

Half tsp turmeric Half tsp coriander powder Half tsp cumin powder Pinch of salt and pepper for seasoning

* If using dry chickpeas, soak overnight in water with a pinch of bicarbonate of soda to help soften them. The next day, boil for an hour until soft and drain.

4. Add the spinach and stir, with a pinch of salt and pepper if required. Cover and cook on low heat for 3 minutes. Try not to overcook, otherwise you will lose nutrients from the spinach. 5. Serve with naan bread and a crisp, green salad for a light, balanced and nutritious meal for spring

By Cheryl D'Souza, public health dietitian





The council's new quarterly magazine, **OUR EAST END, will be published on** 13 June 2016.

It will contain council news, features, information on council services and advertising.

To find out more about advertising rates or to book a space, please call the sales team.

Sharan Ahmed 020 7364 4061 Fatima Khan 020 7364 4623

Christine O'Doherty 020 7364 4994 Terri Gornall 020 7364 4682





Tower Hamlets
Clinical Commissioning Group

2016 Health Conversation

Work with us to plan health care in Tower Hamlets

Saturday 21 May 2016 11am to 2pm

St Paul Old Ford, St Stephen's Road, London E3 5JL

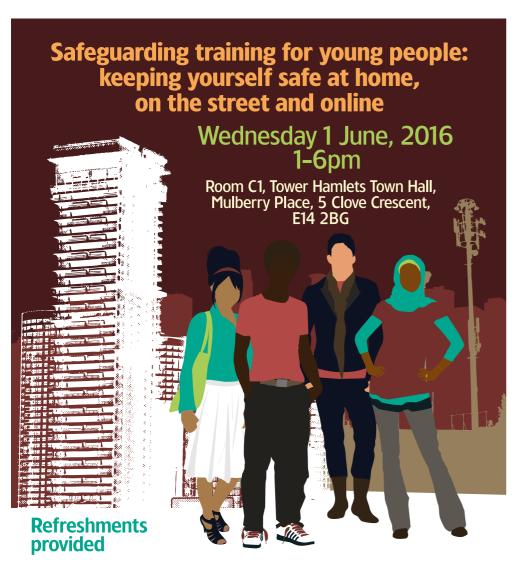
- Find out what we do and meet
 the people who lead your local NHS
- Get involved and develop new ideas about health services in the borough
- Tell us your priorities and influence decisions
- Fun activities for children, young people and adults
- Join one of our primary care workshops. Book via info@towerhamletsccg.nhs.uk
 by 18 May to receive a voucher for participating. Limited spaces available.

Find out more at www.towerhamletsccg.nhs.uk or call 020 3688 2500.



Visit our website for more information www.elliotleigh.com

elliotleigh.com 020 8983 4444



To confirm your attendance or for more information contact: boris.rupnik@towerhamlets.gov.uk or call Boris on 020 7364 3091





PopLaw Free Legal Advice Clinic

Who we are

Poplaw lawyers provide a free legal advice service.

What we do

Qualified lawyers offer free legal advice covering many areas of law, for example on matters relating to debt, housing, employment, consumer and welfare benefits. Please note we do not advise on family, criminal or immigration law.

When

Poplaw takes place every Tuesday evening from 6.15pm – 8.15pm at the Idea Store. Poplaw is a drop-in clinic, no appointment is necessary.

What do I need to bring?

Any paperwork e.g. letters, legal documents, that relate to your enquiry.

Idea Store Chrisp Street 1 Vesey Path East India Dock Road London E14 6BT





🙆 DAY OF WEEK SUN MON TUE WED THU FRI SAT SUN MON TUE WED ● RAMADAN 29 1 2 3 4 5 7 8 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 1 JUNE/JULY **5** 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 1 2 3 4 5 6 FAST BEGINS 🦱 FAJR JAMAH ZHUR JAMAH ASR JAMAH IFTAR/MAGRIB ○ ISHA/TARAWI 11.00 11.

C Beginning and ending of Ramadan is subject to sighting of the Moon. Supplication for opening fast: أَشَاءَ اللَّجُرُ إِنْ شَاءَ اللَّجُرُ إِنْ شَاءَ اللَّهُ الطَّمَالُ وَ الْبَعَلَتِ الطَّمَالُ وَ الْبَعَلَتِ الْعُرُوقَ، وَ ثَبَتَ الْأَجُرُ إِنْ شَاءَ اللَّهُ عَلَيْهِ اللَّا اللَّهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ اللَّهُ عَلَيْهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ عَلَيْهُ عَلَيْهُ عَلَيْهُ اللَّهُ عَلَيْهُ اللَّهُ عَلَيْهُ عَلَيْهُ عَلَيْهُ اللَّهُ عَلَيْهُ عَلَيْهُ اللَّهُ عَلَيْهُ عَلَيْهِ عَلَيْهُ عَلَيْهِ عَلَيْهِ عَلَيْهُ عَلَيْهِ عَلَيْهِ عَلَيْهُ عَلَيْهِ عَلَيْهِ عَلَيْهُ عَلَيْهُ عَلَيْهُ عَلَيْهِ عَلَيْهُ عَلَيْهِ عَلَيْهُ عَلَيْهِ عَلَيْهُ عَلَيْهِ عَلَيْهِ عَلَيْهِ عَلَيْهِ عَلَيْهِ عَلَيْهُ عَلَيْهُ عَلَيْهِ عَلَيْهِ عَلَيْهُ عَلَيْهِ عَلَيْهِ عَلَيْهِ عَلَيْهِ عَلَيْهِ عَلَيْهِ عَلَيْ

WE WISH YOU ALL A REWARDING RAMADAN AND A HAPPY EID-UL-FITR











































Tower Hamlets Advice Work Training Project

Training and Voluntary Work Opportunities







Island Advice Centre is facilitating an exciting training opportunity for unemployed residents of LBTH who want to train to become advice workers, trainees will have to be available two days per week for a period of at least 12 months – one day training and one day work experience.

Work placements will be in an advice agency in Tower Hamlets for at least one day a week – days/time/venues for this vary.

Trainees will also attend a formal training course one day per week (Tuesdays starting September). The training covers: policies/principles of advice work, welfare benefits, housing, immigration, employment and debt. There is also an opportunity to do an NVQ Level 3 in Advice and Guidance.

This is a voluntary work placement/training scheme – trainees are not paid. However trainees will obtain work experience, excellent training and improve prospects of obtaining a fulfilling and satisfying job in the future.

The training course does not start until September, however work placements will be arranged/start prior to this.

To obtain further information and an application pack please email jo.ellis@island-advice.org.uk

Deadline to return application is 30th May 2016.

Applicants will be required to attend an information open day and sit a basic literacy test.

Tower Hamlets Conservation and Design Advisory Panel (CADAP) is seeking new members

The London Borough of Tower Hamlets is one of the most exciting places to live and work in the country. It is the fastest growing Borough's in the UK. Tower Hamlets includes 58 Conservation Areas, over 2000 Listed Buildings and a World Heritage Site as well as many other historic assets reflecting the long and varied cultural history of the area. It also has some of the best award winning contemporary architecture. There is immense development pressure in Tower Hamlets being between the City and Canary Wharf and has also experienced the highest levels of housing growth anywhere in the UK.

Tower Hamlets Conservation and Design Advisory Panel works with the Council's Planning Officers and applicants to give independent advice on the planning of new developments in the Borough. The Panel has been running for over 30 years and draws on the experience of a wide range of local volunteers who give independent specialist advice on conservation and design matters related to proposals for new buildings and places in the borough. The Panel is made up and chaired by volunteers advised by Council officers.

Membership is made up of those with knowledge of the creation of new buildings and places, including architecture, heritage, landscape, urban design, sustainability, regeneration and town planning. Design experts in disciplines from access, public realm and the arts are also represented on the panel. CADAP meets monthly to discuss and feedback ideas on a range of development proposals. No remuneration is provided. Tower Hamlet's Conservation & Design Advisory Panel is seeking new members from our diverse and vibrant local community, it is important that you live or work within the Borough. This is an exciting opportunity to join CADAP and influence the shape and form of future development of the Borough and London. For more information about the panel and how you can get involved visit www.towerhamlets.gov.uk, email Vicki.Lambert@towerhamlets.gov.uk or call 020 7364 5373

You can also write to:

Tower Hamlets Conservation and Design Advisory Panel, Place Shaping Team, Directorate of Development and Renewal, Mulberry Place, 5 Clove Crescent, E14 2BG

The deadline for receipt of applications is 5pm Friday, 10th June 2016.

Applicants will be invited to meet the Panel for an informal chat about the role and the skills they offer in the last week of Jun 2016. Following this a decision will be made and candidates informed.

Tower Hamlets Council welcomes expressions of interest from all sections of our diverse and vibrant community.





Bigland Street London E1 2ND Tel. 020 7702 7088

www.biglandgreen.towerhamlets.sch.uk

This is an excellent opportunity for ambitious and aspiring individuals to join Bigland Green as a

Teaching Assistant (TA)

Start: September 2016; Salary: Scale 2/3, Points 11-17 Full-time 35 hours per week, Term time + 1 week

The school will utilise the strengths/interests of the successful candidate. Applicants must have a GCSE A^* , A or B grade in English & mathematics.

Please see job descriptions on the school's website for more information about the roles and responsibilities. Visits are encouraged & welcome. Please contact school office to arrange. An application form can be downloaded from the school's website.

Closing date: Friday 27 May 2016 by 12:30pm

Only short listed candidates will be contacted to participate in the selection process during week beginning 6 June 2016.

Curiosity and perseverance, a pathway to excellence

Smart Training

Want to work in childcare?

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a childcare career? Then study for free* for a Childcare Traineeship with Smart Training.

Training is weekly in East London.

- High quality childcare placement
- Get tuition to improve your Maths and English
- Improve your interview skills
- Get help with job searching
- Gain a Certificate in Work Skills.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years.



Interested? Text SMART to 80800, email start@smart-training.com or phone 020 3700 4294.
www.smart-training.com/jobsandadvice

Public notices

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY BANNED TURN-SIDNEY STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough

of Tower Hamlets, with the agreement of Transport for London, made an Order, which will prohibit or ban vehicular traffic from the following temporary prohibition:

Location: Turning right into Commercial Road from its junction with Sidney Street.

Reason: To allow essential works to be carried out on the public highway by National Grid.

Alternative Route: For vehicular traffic will be via Sidney Street, Stepney Way, Jubilee Street and Commercial Road;

Period: From Monday 23rd May 2016 to Sunday 25th September 2016.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Network Management Team, Clean, Green and Highways on 020 7364 6898 or email, david. pryce@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

Public notices

LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (PRESCRIBED ROUTE) (NO.3) TRAFFIC ORDER 2016

- 1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make the above mentioned Order under Section 6 and 124 of the Road Traffic Regulation Act 1984, as amended by the Local Government Act 1985 and the Road Traffic Act 1991.
- 2. The effect of the Tower Hamlets (Prescribed Route) (No.2) Order 2016 will be to prohibit vehicular traffic from entering the streets listed below which accommodate the Sunday Street Market. The lengths of street to be restricted on a Sunday between 8.00 am and 3.00 pm are as
- (i) Columbia Road, between its junction with Ravenscroft Street and its junction with Barnet Grove;
- (ii) Ezra Street, to a point approximately 30 metres from its junction with Columbia Road;
- (iii) Ezra Street from a point ap-

proximately 30 metres from its junction with Columbia Road to a point approximately 20 metres, west, of that point.

- 3. A copy of the proposed Order can be inspected by appointment at the offices of Communities, Localities & Culture, 6th Floor, Clean, Green and Highways department, Mulberry Place, 5 Clove Crescent, London E14 2BG, during normal office hours on Monday to Fridays inclusive until the expiration of a period of 21 days from the date on which this notice is published.
- 4. Any person desiring to comment on the proposed Order, should send a statement in writing of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Please refer any queries regarding the proposal to Trevor Kennett, Head of Community Safety, Enforcement and Markets, 0207 364 4212 or email, trevor.kennett@ towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM

Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 15(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2015 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Former The London Arena, 36 Limeharbour, London, E14

PA/16/01024

(Building 8 only)

Minor material amendment (variation of condition 29) of planning permission dated 24/04/2014, ref: PA/13/00264 to facilitate the following changes to Building 8:

- reconfiguration of internal layout to increase the number of serviced apartment rooms from 674 to 706:
- ground floor to include retail/bar/cafe uses;
- 1st floor to include a guests' gym and amenity space;
- 20th floor to include guest facilities comprising swimming pool, bar, restaurant and roof
- revised architectural treatment to all elevations.

562 Mile End Road & 1a, 1b, 1c Burdett Road, London, E3

Demolition of existing buildings and construction of a mixed use development comprising part 3-storey, part 8-storey and part 15-storey building, 52 residential units, 760sqm (GIA) commercial floorspace (A1, A2 & B1), landscaping, public realm improvements, access and servicing (including 1 disabled car parking space; 107 cycle parking spaces; and associated highway works) and other associated infrastructure.

Black Lion Public House, 45 Whitechapel Road

PA/16/00970

Refurbishment and upgrade of existing building (Class B1 & A1/A2/A3) to provide three storey rooftop extension and erection of single storey office building (Use Class B1) within the rear courtyard, including associated highway and landscaping works.

The application and supporting drawings may be viewed electronically at the Planning Office between 9am and 1pm Mondays to Fridays. However, paper files are available for major applications only. You can visit between these times without making an appointment and a planner will be available to help with any general enquiries. The information will also be available on the Council's web site at https://development.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at:

Tower Hamlets Planning Department, Mulberry Place, 5 Clove Crescent, London E14 2BG email: development.control@towerhamlets.gov.uk

Dated: 16th May 2016

TOWER HAMLETS

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL

Take Notice of **Public Notices**

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

36 - 38 Newark Street, London

PA/16/01070 - PA/16/01071

Rennovation of historic vicarage to provide 4 x residential dwellings (2 x 1 bed, 1 x 2 bed, 1 x 3 bed family unit). Change of use application from previous short-term hostel use. Minor alterations to listed building rear and street-facing facade, including replacement of insensitive windows, cleaning of brickwork and installation of railings. Associated landscaping to rear.

9 Mountague Place, London, E14 0EX

PA/16/01076

Submission of details pursuant to condition no. 4a (Structural Survey) and 4b (Method Statement) of planning permision dated 24/03/2015, ref: PA/15/00168.

Black Lion Public House, 45 Whitechapel Road

Refurbishment and upgrade of existing building (Class B1 & A1/A2/A3) to provide three storey rooftop extension and erection of single storey office building (Use Class B1) within the rear courtyard, including associated highway and landscaping works.

214 Mile End Road, London, E1 4LJ

PA/16/01042

Erection of mansard roof extension.

Universal House, 88-94 Wentworth Street, London

PA/16/01016

Change of use of part of the basement, lower ground and third floors of universal house from B1 (Business) Use to D1 (Non-Residential Institution) Use.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

The application and supporting drawings may be viewed electronically at the Planning Office between 9am and 1pm Mondays to Fridays. However, paper files are available for major applications only. You can visit between these times without making an appointment and a planner will be available to help with any general enquiries. The information will also be available on the Council's web site at https://development.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at:

Tower Hamlets Planning Department, Mulberry Place, 5 Clove Crescent, London E14 2BG email:development.control@towerhamlets.gov.uk

Dated: 16th May 2016

OWEN WHALLEY

Head of Planning and Building Control



Public notices

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION

TOWER HAMLETS (PRE-SCRIBED ROUTES) (NO. 1) **TRAFFIC ORDER 2016** ("FIELD DAY" FESTIVAL) OR-**DER 2016**

- a) Grove Road between its junction with Wetherell Road and its junction with Old Ford
- b) Old Ford Road between its junction with Bonner Street and its junction with St. Stephen's Road.
- c) Grove Road between its junc-

tion with Old Ford Road and its junction with Roman Road.

- d) Lauriston Road between its junction with Victoria Park Road and its junction with Wetherell Road
- e) Aberavon Road and Rhondda Grove, at their junctions with Mile End Road.
- f) Maplin Street, between its junction with Wentworth Mews and its junction with Mile End Road.

The restriction on vehicular traffic will enable the "FIELD DAY" FES-TIVAL to take place in Victoria Park. Access will be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a Police Officer in uniform.

The Order will operate on Saturday 11th June 2016 from 21:30 hours until 23:59 hours and Sunday 12th June 2016 from 20:30 hours until 23:59 hours for the "Field Day" egress, when temporary traffic signs and cones are placed on the public highway.

If you require any further details, please contact the Festival and Events Officer on 020 7364 7905 or e-mail festivalsandevents@ towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD **PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG**

LONDON BOROUGH OF | harbour; **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION

TEMPORARY PROHIBITION OF TRAFFIC - MARSH WALL

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, propose to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Marsh Wall for a distance of approximately 160 metres (within the Millwall Cutting Bridge) between its junction with Millharbour and its junction with Lime-

Reason: To allow essential works to be carried out on the public highway by A-Star Traffic Management;

Alternative Route: For northbound vehicular traffic will be via Marsh Wall, Manchester Road and Westferry Road;

Period: On Saturday 4th June 2016 and Sunday 5th June 2016.

Please refer any queries regarding the above traffic restriction to John Parsons Network Coordinator, Clean, Green & Highways on 020 7364 6680 or email, john. parsons@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY

SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

Vhy you should read Public and egal notices

These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2015

NOTICE UNDER ARTICLE 15(3) OF APPLICATION FOR PLANNING PERMISSION **ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT**

PROPOSED DEVELOPMENT AT: Former The London Arena, 36 Limeharbour, London, E14 (Building 8 only)

PA/16/01024

Notice is given that DP9 on behalf of The Collective Canary Wharf Limited are applying to the London Borough of Tower Hamlets for:

Minor material amendment (variation of condition 29) of planning permission dated 24/04/2014, ref: PA/13/00264 to facilitate the following changes to Building 8:

- reconfiguration of internal layout to increase the number of serviced apartment rooms from
- ground floor to include retail/bar/cafe uses:
- 1st floor to include a guests' gym and amenity space;
- 20th floor to include guest facilities comprising swimming pool, bar, restaurant and roof terrace: and
- revised architectural treatment to all elevations.

Members of the public may inspect copies of the application, the plans, the environmental statement and other documents submitted with the application at the Council offices (address as below), between 9am and 1pm Mondays to Fridays. The information will also be available on the Council's website at www.towerhamlets.gov.uk.

Members of the public may obtain copies of the environmental statement at a charge from the Council offices (address as below) - copies may be obtained so long as stocks last. The charge for copies is provided on the Council's website: http://www.towerhamlets.gov.uk/ Ignl/environment_and_planning/planning/planning_applications/planning_application_fees_and .aspx

Anyone who wishes to make representations about this application a should write to the Council at Development & Renewal, Town Hall, Mulberry Place, 5 Clove Crescent, London

Any comments you wish to make about this application must be received within 14 days from the date at the foot of this notice.

Date of Notice: 16th May 2016

PAUL BUCKENHAM – Development Manager





LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (FREE PARKING PLACES) DISABLED PERSONS (NO.1) **ORDER** 2015 (AMENDMENT NO.12) ORDER 2016.

THE TOWER HAMLETS (WAITING AND LOADING) (NO.1) ORDER 2015 (AMENDMENT NO.18) ORDER 2016

- 1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 16th May 2016 propose the abovementioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
- 2. The general effect of the Orders would be to in:
 - a) Strahan Road (Outside No. 50) to convert a single Residential parking space into a Personalised Disabled Bay.
 - Grantley Street (Outside No. 54) to convert a single Residential parking space into a Personalised Disabled Bay.
 - c) To upgrade the Single Yellow Line to Double Yellow Line in;
 - i) Mellish Street Outside Quadrant Walk
 - Shandy Street Southside, outside the entrances to Shandy Park.
- 3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
- 4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the Parking Mobility & Transport Services Offices, 585-593 Commercial Road, London E1 0HJ (020 7364 6946), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
- 5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 16th May 2016 **ROY ORMSBY** SERVICE HEAD, PUBLIC REALM



Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing

LONDON BOROUGH OF TOWER HAMLETS

PLANNING APPLICATIONS

APPLICATIONS AFFECTING CONSERVATION AREAS AND LISTED BUILDINGS

PLEASE NOTE THAT THE LONDON BOROUGH OF TOWER HAMLETS PUBLISHES DETAILS OF PLANNING APPLICATIONS IN EAST END LIFE AND THE EAST LONDON A **DVERTISER ON ALTERNATE WEEKS.**

Applications at the following addresses were published in the East London Advertiser on 12th May 2016 and anyone wishing to comment may view the applications on the Tower Hamlets web site at http://www.towerhamlets.gov.uk/Home.aspx or ring 020 7364 5009 for

APPLICATIONS AFFECTING CONSERVATION AREAS AND LISTED BUILDINGS

Flat 4, Trinity Green, Mile End Road, London, E1 4TS	PA/16/00984
9A Kitcat Terrace, London, E3 2SA	PA/16/00919
Unit 3, Wool House, 74 Back Church Lane, London, E1 1AB	PA/16/00835
8 Sewardstone Road, London, E2 9JG	PA/16/03381
Bar 38, Unit C, 16 Hertsmere Road, London, E14 4AX	PA/16/01025
Unit 1, 24 White Church Lane, London, E1 7QR	PA/16/00989
4 Fairfield Road, London, E3 2QB	PA/16/00974 & PA/16/00975
1&2 Prospect Place, London, E1W 3TJ	PA/16/00967
49 Antill Road, London, E3 5BT	PA/16/00944
Bromley Hall School, Bromley Hall Road, London, E14 0LF	PA/16/00884
IFO Booth House, After Davenant Street, Whitechapel	PA/16/00933
Road, London, E1 1DN	
431 Roman Road, London, E3 5LX	PA/16/00923
431 Roman Road, London, E3 5LX	PA/16/00922
156 Bethnal Green Road, London, E2 6DG	PA/16/00747
The Royal Foundation Of St Katharine, 2 Butcher Row,	PA/16/00972

London, E14 8DS The Royal Foundation Of St Katharine, 2 Butcher Row,

London, E14 8DS

St Michaels Court, St Leonards Road, London, E14 6PS PA/16/01001 87 Turner Street, London, E1 2AE PA/16/00988

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

45 Alderney Road, London, E1 4EG

PA/16/00579 PA/16/00951 & PA/16/00952

PA/16/00973

37 Tredegar Square, London, E3 5AE

MAJOR APPLICATIONS

APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL **STATEMENT (Further information submitted)**

Proposed development of land at: Site Bound by Raven Row. Stepney Way Sidney Street, London E1

PA/15/01789

Proposed development of land at: Site between Varden Street PA/15/02959 and Ashfield Street (Whitechapel Estate), London, E1

Dated: 16th May 2016

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Public notices

LONDON BOROUGH OF | Location: **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC & TEMPORARY BANNED TURN - OLD BETH-NAL GREEN ROAD E2

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets propose to make an Order, which will prohibit or ban vehicular traffic from the

following temporary prohibition:

- a) Entering, stopping or proceeding Old Bethnal Green Road between its junction with Cambridge Heath Road and its junction with Poyser
- b) Turning left or turning right from Cambridge Heath Road into Old Bethnal Green Road.

Reason: To allow essential detailed railway bridge inspection and works to be carried out on the public highway by Network Rail;

Alternative Route: For vehicular traffic will be via Old Bethnal Green Road, Warner Place, Hackney Road and Cambridge Heath Road and vice versa:

Period: From Monday 13th June 2016 to Friday 5th August 2016.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david. pryce@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD **PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG**

Public notices

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 16A

TEMPORARY PROHIBITION OF TRAFFIC RUSHMEAD "COMMUNITY STREET PAR-**TY" ORDER 2016**

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made the abovementioned Order under Section 16A of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from stopping, entering or proceeding in Rushmead between its junction with Bethnal Green Road and its junction with Florida Street.

The restrictions on vehicular traffic will enable the Rushmead Community Street Party to be held on the public highway.

The alternative route for vehicular traffic will be via Bethnal Green Road, Pollard Row and Florida Street or Bethnal Green Road, Squirries Street, Old Bethnal Green Road, Pollard Row and Florida Street.

However, access will be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a police officer in uniform or for the purposes of

The Order will operate on Monday 30th May 2016 from 08.00 hours until 23,59 hours when temporary traffic signs and traffic cones are placed on the public highway.

Please refer any queries regarding traffic restrictions to Festival and Events Officer, Arts and Events on 020 7364 7907 or email festivalsandevents@towerhamlets

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - BRUSHFIELD STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order which will prohibit vehicular traffic from entering, stopping or proceeding, the following temporary

Location: Brushfield Street be-

tween its junction with Steward | MULBERRY PLACE Street and its junction with Gun Street:

Reason: To allow essential works to be carried out on the public highway by Kelly Communication Limited:

Alternative Route: For vehicular traffic will be via Fort Street, Artillery Lane and Crispin Street or Brushfield Street, Crispin Street, Artillery Lane and Steward Street,

Period: From Thursday 26th May 2016 to Saturday 28th May 2016 from 08:00 hours until 18:00 hours each day.

Please refer any queries regarding the above traffic restrictions to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david. pryce@towerhamlets.gov.uk

Dated: 16th May 2016 **ROY ORMSBY SERVICE HEAD PUBLIC REALM** MULBERRY PLACE **5 CLOVE CRESCENT LONDON E14 2BG**

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION

TEMPORARY PROHIBITION OF TRAFFIC - GOODMANS STILE E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Goodmans Stile for a distance of approximately 50 metres in the south-west direction from its junction with Commercial Road:

Reason: To allow essential crane works to be carried out on the public highway by Centercomms on behalf of BT:

Alternative Route: For vehicular traffic will be via Leman Street, Prescot Street, Mansell Street, Whitechapel High Street and Commercial Road:

Period: On Sunday 29th May 2016 from 10:00 hours until 16:00

Local access into the Berkeley Homes Construction Site will be maintained.

Refer any queries regarding the above traffic restrictions to Dave Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david. prvce@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM **5 CLOVE CRESCENT LONDON E14 2BG**

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - VAUGHAN WAY E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, propose to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibi-

Location: Vaughan Way from a point 30 metres, south, from its junction with The Highway to a point approximately 80 metres, south, its junction with The High-

Reason: To allow essential crane works to be carried out on the public highway by A. W. Lifting Limited.

Alternative Route: For vehicular will be via Eastsmithfield, Thomas More Street, Stockholm Way and Vaughan Way and vice versa.

Period: On Saturday 4th June 2016 from 08:00 hours until 18:00

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Network Management Team, Clean, Green and Highways on 020 7364 6898 or email, john. parsons@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM **MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG**

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-**TION ACT 1984 - SECTION**

TEMPORARY PROHIBITION OF TRAFFIC - BRUSHFIELD STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London and City of London, propose to make an Order, which will prohibit vehicular traffic from proceeding, the following temporary prohibi-

Location: Brushfield Street between its junction with Crispin Street and its junction with Commercial Street:

Reason: To allow essential crane

works to be carried out on the | MULBERRY PLACE public highway by Baldwins Crane Hire Limited:

Alternative Route: For vehicular traffic will be via Crispin Street, Whites Row and Commercial Street or Commercial Street. Whitechapel High Street, Aldgate High Street, Dukes Place, Bevis Marks, Camomile Street, Bishopsgate, Artillery Lane and Crispin Street:

Period: On the following three

- a) From Friday 17th June 2016 to Sunday 19th June 2016;
- b) From Friday 24th June 2016 to Sunday 26th June 2016;
- c) From Friday 1st July 2016 to Sunday 3rd July 2016.

Please refer any queries regarding the above traffic restrictions to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david. pryce@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - KING DAVID LANE E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: King David Lane between its junction with Juniper Street and its junction with The Highwav:

Reason: To allow essential works to be carried out on the public highway by Fulcrum;

Alternative Route: For vehicular traffic will be via The Highway, Glamis Road, and Cable Street or The Highway, Cannon Street Road, Commercial Road, Devonport Street and Cable Street

Period: From Tuesday 31st May 2016 to Friday 3rd June 2016.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email. john. parsons@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM **5 CLOVE CRESCENT LONDON E14 2BG**

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - BEACHY **ROAD & MONIER ROAD E3**

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets propose to make an Order, which will prohibit vehicular traffic from proceeding, the following temporary prohibi-

Location:

- a) Length of carriageway in Beachy Road between its junction with Roach Road and its iunction with Smeed Road:
- b) Length of carriageway in Monier Road between its junction with Roach Road and its junction with Dace Road.

Reason: To allow essential carriageway and resurfacing works to be carried out on the public highway by LBTH.

Alternative Route: For vehicular traffic will be via Roach Road, Wyke Road, Smeed Street and Monier Road and vice versa.

Period: From Monday 13th June 2016 to Friday 17th June 2016.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david. prvce@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM MULBERRY PLACE **5 CLOVE CRESCENT LONDON E14 2BG**

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1) (5)

TEMPORARY BANNED TURN - WICK LANE SLIP **ROAD E3**

NOTICE IS HEREBY GIVEN that Borough of Tower Hamlets, with the agreement of Transport for London, made an Order, which will ban vehicular traffic from proceeding, the following temporary prohibition:

Location: Turning left into Tredegar Road from its junction with the Wick Lane slip road:

Reason: To allow works to be carried out on the public highway by Amberton Limited;

Alternative Route: For vehicular traffic will be via Wick Lane (northbound), Jodrell Road. Parnell Road and Tredegar Road, However, alternative routes for high sided vehicles or HGVs will be via Wick Lane (eastbound), Wick Lane slip road. East Cross Route (south-bound), Bow Road Roundabout, Bow Road (south-westbound), Mile End Road, Grove Road, Old Ford Road (eastbound). Parnell Road (south-eastbound) and Tredegar Road (north-east bound).

Period: On Monday 23rd May 2016 from 00:01 hours until 03:00

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david. pryce@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD **PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG**

LONDON BOROUGH OF **TOWER HAMLETS**

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY BANNED TURN – HEAD STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, with the agreement of Transport for London, made an Order which will ban or prohibit vehicular traffic from the following temporary prohibition:

Location: Turning right into Commercial Road from its junction with Head Street:

Reason: To allow essential works to be carried out on the public highway by TRIIO on behalf of National Grid:

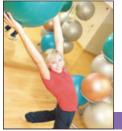
Alternative Route: For vehicular traffic will be via Head Street, Senrab Street. Avlward Street. East Arbour Street and Commercial Road and vice versa:

Period: From Monday 23rd May 2016 to Sunday 25th September 2016.

Please refer any queries regarding the above traffic restriction to Dave Prvce, Network Coordinator, Network Management Team, Clean, Green and Highways on 020 7364 6898 or email, david. pryce@towerhamlets.gov.uk

Dated: 16th May 2016

ROY ORMSBY SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG



No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from netball to martial arts.

Like us on Facebook

Get all the latest sporty news and events – like us on Facebook at facebook.com/lbthsport

Sport

Leisure centres

John Orwell Sports Centre

Tench Street, Wapping, E1W. 7488 9421

Langdon Park Leisure Centre

35 Byron Street, Poplar, E14 7987 3575

Mile End Park Leisure Centre

190 Burdett Road, E3. 8709 4420

Mile End Park Stadium

Rhodeswell Road, Poplar, E14. 8980 1885

St George's Leisure Centre

221 The Highway, Wapping E1W. 7709 9714

Tiller Leisure Centre

Tiller Road, Isle of Dogs, E14. 7987 5211

Whitechapel Sports Centre

55 Durward Street, Whitechapel, E1. 7247 7538

York Hall Leisure Centre

5-15 Old Ford Road, E2. 8980 2243

Sport & leisure **Back to netball**

£1.10. Tues. 6pm. John Orwell Sports Centre,

Tench Street, E1W. 07914 685261

Body conditioning

Thurs, 6.15pm. Shadwell Basin Centre, Glamis Road, E1. 07961 951522

Cricket coaching

Under-11s and under-13s -Weds, 4-5.30pm; under-16s -Tues, 4.30-6pm; ages 16+-Thurs 5-8pm. Dockland Settlement, 197 East Ferry Road, E14.

Docklands women's running group

All abilities welcome Mon, 6.30pm. Mile End Stadium, Rhodeswell Road, E14. 07958 368070

Football training

Every Sat, 9-11am for boys and girls aged 5-11, Mulberry School for Girls, Richard Street, E1; 12-1pm for boys and girls aged 3-5. St Patrick's School, Dundee Street, E1W. 07956 095218

Chi Kung

Ancient Chinese practice with gentle, meditative exercises. Mon, 6-7.15pm. St Margarets' House Settlement, E2. 07905 098413

Kool Karate and Fitness Fun Class

Every Tues & Thurs, 5-6pm. St James-the-Less Hall, St James's Avenue, E2. 07934 126510

Kung fu

Learn the Wong Shun Leung system of ving tsun. Weds, 8-9pm. £7, adults only (kids classes coming soon). St John's Church Hall, 200 Cambridge Heath Road, E2. 07930 609379

Muay Thai for women

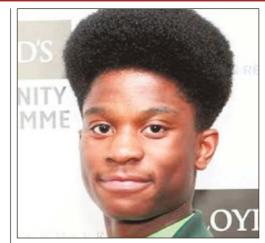
KO London, 186 The Arches, Globe Road, E2. Sat 3-4.15 £7 concs, £9 waged. 7265 9693

Martial arts

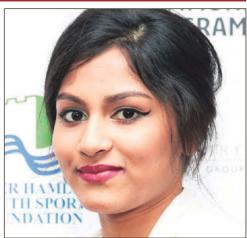
Learn the Wong Shun Leung system of ving tsun kung fu. Weds 8-9pm. £7, adults only. St John's Church Hall. 200 Cambridge Heath Road, E2. 07930 609379

Muay Thai

For people who experience mental health problems along with general members of public. £1-£3. Mon-Fri 7pm to 8.3opm. Oxford House, Derbyshire Street, Bethnal Green, E2. 07769 797916



Sprinter William Andoh



Weightlifter Taslima Begum

Pair named as best of the best

BY PETER FAULKNER

SPRINTER William Andoh and weightlifter Taslima Begum have been named male and female athletes of the year, by Tower Hamlets Youth Sport Foundation.

They were given their trophies at the fourth annual foundation awards attended by former West Ham and England footballer Trevor Sinclair, ex-England cricket captain Alec Stewart and TeamGB wheelchair athlete Andy Barrow and Mayor of Tower Hamlets John Biggs.

William is one of the most exciting young talents in British athletics.

He is national 200m champion for his age group and currently the world's fastest boy of

AWARDS SPECIAL his age over the distance. Female Performer of the Year Taslima has been selected to join the British performance squad for the European Championships in Malta.

> Other winners included Nomeda Laukyte, Rowing Performer of the Year, who is already representing her country and footballer Marcus Browne, who made a big impact with the Tower Hamlets borough team while at Lansbury Lawrence Primary School, and last year signed professional forms with West Ham.

Chris Dunne, chair of trustees for the foundation, said the young people being celebrated at the awards should be proud to be role models, and were living proof that young people everywhere were capable of achieving when given opportunities like those offered by the foundation.



ASPIRING sailors can test the water at Docklands Sailing & Watersports Centre when the Royal Yachting Association's Push the Boat Out campaign returns from May 14-22. The nationwide 'have-a-go' project gives everyone the chance to try sailing for free or at a reduced cost. The centre, on the Isle of Dogs, is one of four in London and more than 320 across the country which are taking part. To find out more, visit www.rya.org.uk/go/ptbo

PERFORMERS OF THE YEAR

Athletics: William Andoh Badminton: Mannah Rahman

Basketball: Tobi Falola Canoe/Kayak: Gabriella Leoni

Cricket: Basit Ahmed Dance: Honor Dixon Diving: Lyndon Forrester

Football: Marcus Browne **Gymnastics:** Tycho Collins Hockey: Edward Fall Judo: Leonardo De Moura Muniz

Martial Arts: Nana Oppong **Rowing:** Nomeda Laukyte Rugby Union: Bobby Grace Sailing: Iona Dixon Swimming: Kaia Cudmore Table Tennis: Anthony

Lvnch

Tennis: Hamza Hussain Volleyball: Khadra Ahmed Weightlifting: Taslima Begum

SCHOOL TEAM OF THE YEAR: Bishop Challoner

Junior Boys Athletics Team Runner Up: Stepney Green KS4 Male Badminton Team SPORT CLUB OF THE YEAR:

Oaklands Weightlifters **COACH OF THE YEAR:** Mike Whittaker

Runner Up: Rich Kite PHYSICAL EDUCATION TRAINING ASSISTANT OF THE YEAR: Raihana Habiba Runners Up: Regina Ansah-Awuah, Tahmid Hussain

OUTSTANDING SERVICE

TO SPORT: Matt Jessop

PARA ATHLETES

Para Athlete of Year: Mia Ferris

Badminton: Ryan Buttery Cricket: Nizam Ahmed Football: Joe Prince

Hockey: Caleb Harniess Judo: Abdellah Boussettoua

Rugby Union: Lewis **Daniels**

Most Promising Male: Reda Elghaibouz

Most Promising Female: Sadia Ali

Male Athlete of the Year: William Andoh

Runner Up: Marcus Browne

Female Athlete of the Year:

Taslima Begum Runner Up: Nomeda Laukyte

Follow us on Twitter

Get the latest sporty news and events – follow us on Twitter at twitter.com/LBTHSportsTeam



Futsal for the kids

Bethnal Green-based Warriors Futsal are launching an academy for 5- to 12-year-olds, on Saturday, June 4 (10-11.30am) at Play On Sports, Raven Row, E1. Call Maikel on 07563 377499 or email...

MAIKELFUTSAL@HOTMAIL.COM

Sport

Repton the toast of London Championships once more

BY PETER FAULKNER

REPTON Boxing Club have done it again. At the London Championships staged in Feltham, 18 seniors and five minors all became capital champions.

It was a record-breaking performance for this event, and underlined the Bethnal Green club's position among the elite in Europe

Four minors, Mark Baker, his cousin Tom Baker, Andy Love and Oliver Rolfe, all got walkovers while Kenny Smith was a points winner.

BOXING ROUND-UP A seniors category with Mark and John Elite championships and she performed the Millennium Hotel, Grosvenor Square. Cooper both winning well.

> William Harbour and Alfie Gaskin won on points and the performance of the day came from Jorge Anderson who ended the unbeaten record of his opponent and showed style.

> The Class B category saw 12 Repton boxers go through to the next stage at Bracknell and the dynamic dozen here were: John Lee, Patrick Connors, James Bignall, David Tierney, Nelson Smith, Levi Deighton, Roberto LaCourt, Barney Docherty, Charlie Hickford, Fred Moss, Levi Lee and Nathan Harris.

■ REPTON'S Nikoletta Paksi was the Two cousins also shone in the Class first club female ever to compete in the

Nikoletta stopped her semi-final opponent but lost the final aganst Natasha Gale at Liverpool's Echo Arena

the North East and held a strong Sunderland side to a 4-4 draw.

Wins came from Harry Johnson, Leo Lacourt. Thomas Bennett and Vilius Alisfauka. The losers were junior Charlie Scott and seniors Nazim Ley, Alex Mendoza and Adam Joulah.

the Fisher ABC annual dinner show at

Arafat Salum (55.5kg) won on a unanimous decision; team-mate Alim Hussain (47.5kg) made his debut against an opponent from Eltham and won ■ REPTON made their annual trip to unanimously; while Sabbir Hussain lost a narrow points decision against a more experienced Eltham rival.

> ■ BOW-born Andy Lee is planning to get back into the world title spotlight with a big-money comeback.

Lee, brought up on a travellers site off the Bow Road, lost his world super ■ THREE youngsters from the middleweight title to Newham's Billy Limehouse Marina Elite Boxing Joe Saunders, and is now trying to set Academy enjoyed mixed fortunes on up a fight with Migel Cotto that would re-establish him as a serious contender.

Sailing

Sailing centre hits rough waters

DOCKLANDS Sailing and Watersport Centre on the Isle of Dogs, has had the wind knocked out of its sails... quite literally.

The centre has provided sailing and watersports facilities for the local community for more than 30 years.

Now one of its best supported facilities - the sailing – is under threat from a new development.

Planning permission has just been given by the Mayor of London's office for the old Westferry Printers to be demolished and replaced by 722 homes, a school, restaurant and offices, but it will make it extremely hard for Millwall Docks to be used for sailing.

Providing new homes, including ones which most people can afford to buy or rent, is welcomed by DSWC, but it says the planned tall buildings will make the wind blow sailors all over the place.

DSWC chairman Martin Young said he was disappointed that the scheme was given the go-ahead and now the centre is seeking a financial package to cover the cost of "mitigating wind conditions in the dock".

Hockey

Wapping woe

WAPPING Hussey's suffered a setback in group E of the JLL City and Wharf Hockey League, with a 3-1 loss to Herbert **Smith Freehills.**

Despite an energetic start, Wapping failed to threaten the Herbert Smith Freehills goal.

And on a quick breakaway, Herbert Smith's Nick Brooks slotted home the opener past the advancing keeper.

Shortly after Dan Carter made it 2-0. Then the third came from an error by the Wapping goalkeeper as he slid out of the D only to play the ball with his pads, resulting in a penalty corner and a two-minute suspension.

From the set piece, Wapping, $missing\,a\,keeper, were\,helpless$ to stop Hannah Cole making the score 3-0

With time ticking away Wapping managed a consolation goal, from Ella van den Brink.

In Group F CMS Cameron McKenna and Credit Suisse picked up their first points following a 2-2 draw.

Two goals from Gary Plant (Credit Suisse) saw his goal tally rise to three for the season.



Sporting Bengal's Academy youngsters are on track for the double after a thrilling cup semi-final penalty shootout victory

King ends his glittering reign

Soccer round-up

FC Hamlets...o, Catholic Utd...1

ASHLEY King finished off FC Hamlets' season with a gutsy display against the newly crowned Essex **Olympian League Division Two** champions.

Then he announced he was also bringing down the curtain on his career at the club after five years as manager and handing the reins to Senie Emmanuel.

King leaves with a magnificent record. Since taking charge of the side in 2011 he has achieved back-to-back promotions, two London Junior Cup wins, Essex Business House League Division 1 and Premier titles, two Essex Business House League Cups, Essex Business House League Syd Morrell Cup and East Ham Charity Cup.

The game against Catholic United was settled with a goal after 20 minutes.

■ SPORTING Bengal's Academy kids have reached the final of the East London and Essex Cup after a thrilling sudden death win against White Star at Wanstead.

The teams were level at 3-3 after extra time so the dreaded penalty shootout was

Sporting kept their cool with goalkeeper Amir Hamza saving the deciding spot kick to claim the trophy.

Now the boys are preparing for their first cup final against FC Vestry at Redbridge on May 21 and are still on track for the cup and league double.

■ A CHARITY soccer match at Mile End Stadium raised a magnificent £3,000 for the Human Relief Foundation.

The HRF Blue Brawlers Boxing and

Yellow teams took to the field to support cataract operations and the construction of water wells to help the most vulnerable people in some of the world's poorest places. The game was a very entertaining spectacle and finished 7-7.

Both teams rejected a penalty shootout to decide an overall winner and the players agreed to share the trophy.

The Human Relief Foundation is based at Whitechapel Technology Centre, Stepney. ■ THE University of East London's men's football first team have been promoted to the BUCS Premier Division for the first time after winning the Premier South

Victory over both the University of Exeter and Cardiff University teams sealed UEL's seventh consecutive promotion – a national university record.

Taekwondo

Title chase moves to east London

THE 2016 National Taekwondo Championships will be staged at Stratford's Copper Box Arena this summer.

They will be held between September 24-25 and several top East London champions, including Lutalo Muhammed, will be competing.

Lutalo became the first Briton to win an Olympic taekwondo medal when he defeated Armenia's Arman Yeremyan four years ago to capture the bronze.

Moving the championships to London is also expected to increase spectator numbers with a chance to see potential Olympic stars of the future.

Athletes can register at www.gbtaekwondo.co.uk



Sports on Twitter and Facebook

Whatever your sport, get all the latest news and events on our Facebook page at facebook.com/lbthsport or follow us on Twitter at twitter.com/LBTHSportsTeam

As young as you feel

Young@Heart sessions are delivered every weekday at Better leisure facilities in Tower Hamlets.

WWW.BETTER.ORG.UK

Sport



East London Uechi-Ryu Karate Club's Barking Open and English Championship medallists Sara Hassan, Tayla O'Brien, Roisin Daly, Jhanay Otto, Conor Horne, Savvas Constantinou and Adnan Warsame

East London's karate kids are all right

KARATE SPECIAL BY PETER FAULKNER

YOUNG east London martial artists are showing that girl power rules.

While Jamaal Otto's national title was the pick of a glut of the successes, four girls – Brogan Sweeney-McIntosh (pictured below), Roisin Daley, Tayla O'Brien and **Jhanay Otto** – have all struck gold in the past two weeks.

And Brogan, nine, a pupil at St Elizabeth Catholic School, Bethnal Green is heading for a double in two different sports.

She won two gold medals at the Euro-

pean Tang Soo Do Open Championships in Cardiff.

Brogan's medals came in the sparring and forms categories, while competing for the London Black Belt Academy, which runs classes at Newham Leisure Centre and St Marks Church, Beckton.

And to demonstrate her all-round grade - merged with the 5ft 4ins and sporting prowess, the talented youngster has also qualified for the London trampolining finals after getting maximum points in the preliminary competition.

The finals are due to be held at the Harlington Centre, Hampshire in June and Brogan, a member of the Skywalkers Club, is preparing for the event alongside team-mates at Mile End Leisure Centre.

It was a great day for Bethnal Green's East London Uechi-Ryu Karate Club, and Conor Horne did especially coach Terry Daly.

As well as having Tayla and Jhanay lish Championships. in gold medal form, his daughter, Roisin, won too.

In the Karate-do Federation performances of the Championships at Barking, Roisin, nine, season when he won won two events in the 4ft 3ins and under category.

It was a tough event for club-mates Tayla and Jhanay, because they had to meet each other in the kumite final.

Tayla had already won the kata 4ft 8ins and above, 1st kyu-dan grade,

over, open weight – she was beaten by her friend and clubmate.

Also in great form were Sara Hassan (silver in kumite), Conor Horne (gold in kumite), Savvas Constantinou (gold in kumite) and Adnan Warsame (bronze in kumite).

■ JAMAAL Otto (pictured below), Tayla

O'Brien, Jhanay Otto superbly in the Eng-

Jamaal put in one of the best the men's individual

light heavyweight gold and team bronze at the competition in Sheffield.

In the 14-15 age group, Conor picked up a bronze, as did Tayla and Jhanay.

The East London Uechi-Ryu is in Approach Road, Bethnal Green. Call But in the 4ft 8ins-5ft 3ins 1st kyu-dan them on 07957 252115 or 8529 9811.

Sailing

Shadwell invite you to celebrate

SHADWELL Basin Activity Centre will turn 40 this summer and is marking the occasion with a party.

At the celebration on July 16, all-comers can try sailing, canoeing, rowing and kayaking on the water, as well as climbing on dry land.

For those seeking something less strenuous, nearby Brussels Wharf will be hosting stalls and music

If you want to take part you must register in advance. Call 7481 4210 or email info@ shadwell-basin.org.uk

Futsal

Warriors winning run continues

WARRIORS futsal team have continued their dominance in the Leyton-based league with two more victories

This time the Bethnal Green side beat Bayer London 11-2, with Eder Arrechea getting a hat-trick, two goals apiece by Emmanuel Manfredi, Unai Alvarez and Cesar Dourado, and David Rubio and Josep Arevalo getting one each.

Warriors then faced Goldsmiths University. Four goals by Joan Pauls and a hat-trick from Unai Alvaerz helped them to a 9-6 win.

Swimming Aimee off to Rio

AIMEE Willmott, the University of East London 400m individual medley swimming star, has been named in TeamGB's 26-strong squad for Rio.

She joins fellow UEL student Lawrence Okolie, who booked his place in Rio by winning his heavyweight boxing division at the European Olympic qualifying tournament in Turkey.

Aimee, 23, who is studying for a BSc in sport and exercise science, will be competing at her second Olympics, following her debut at London 2012.

Aimee's selection was confirmed after her strong showing at last week's British

Championships and Olympic Trials in Glasgow, where she won three medals, including a gold in the 200m butterfly.

Canoeing

Make a splash

OLYMPIAN Tim Baillie is helping to celebrate National Go Canoeing Week at Lee Valley White Water Centre from Saturday, May 28 to Sunday, June 5, with activities including taster sessions for families

There is also a competition on Thursday, June 2 and Tim, who won gold at the London 2012 Canoe Slalom event, will present a prize to the winner.

Hockey Back in the game

WAPPING Hockey Club have launched Back To Hockey, offering fun, free training sessions for all standards.

The programme, supported by England Hockey, is for people who have not played for a number of years, along with those new to the game.

It's completely free and runs every Thursday until July 28 at John Orwell Centre in Tench Street, Wapping.

Email membership secretary Donna Wilson at wappinghc@gmail.com

Cycling **Biking bonanza**

LEGENDS of Cycling will be at the Lee Valley VeloPark for what promises to be another spectacular two-wheeled event.

Six Day London takes place between October 25-30 at the venue at Queen Elizabeth Olympic Park and follows the success of the UCI World Championships last month.

Tickets can be bought at www.sixday.com

University sport Queen Mary

LAST week's story about Queen Mary University of London's Students' Union climbing the rankings was incorrectly headlined.

We apologise for the error and any confustion caused.



More inside

For a round-up of stories on hockey, karate football and more...

SEE PAGES 41-43

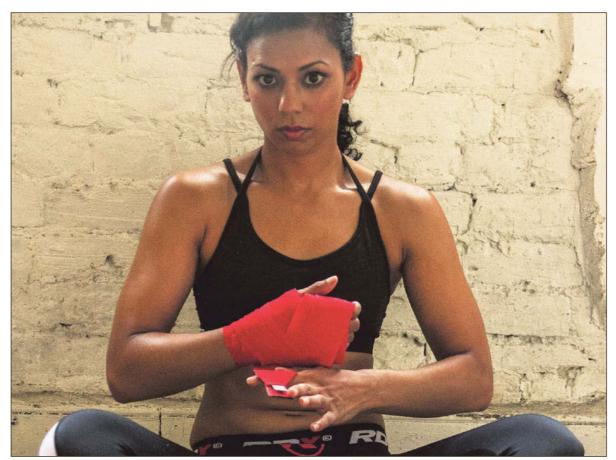


Sports on Facebook and Twitter

Whatever your sport, get all the latest news and events on our Facebook page at facebook.com/lbthsport or follow us on Twitter at twitter.com/LBTHSportsTeam

eastendsport **TOWER HAMLETS** NEWS FROM TOWER HAMLETS COUNCIL AND YOUR

Champion's sponsor plea



Newly crowned world champion Ruqsana Begum is desperate to find a backer to help her defend her title

EXCLUSIVE BY PETER FAULKNER the sport I love, so I desperately need

WORLD Muay Thai champion Ruqsana Begum needed less than a gallon of petrol to get to The Round venue at Hackney for her successful title fight.

Ordinarily she can expect a bill closer to £4,000 for fares and hotels for her and coach Bill Judd.

That's just for one trip. Annually, she has to find around £16,000 for training and travelling.

This week the newly crowned champion, who trains under veteran Judd at the KO Gym in Bethnal Green, where she also runs classes, appealed to businesses in Tower Hamlets to to me. He has made me believe in give her the backing world champions get in other sports.

"I have to have three title fights a year – British, world and European – just to maintain my ranking, plus one other contest and these could be anywhere in the world," said 32-year-old Rugsana.

"Hopefully, now that I am world champion I will be busier still, but at Ruqsana on 07984 009135 or Bill on present I am just working to finance

"Muay Thai does not attract major sponsorship, but compared to football and boxing I am asking for a very insignificant amount of money.

"Canary Wharf and the City of London are home to some of the richest companies in the world and I would hope one of would be in a position to back me.

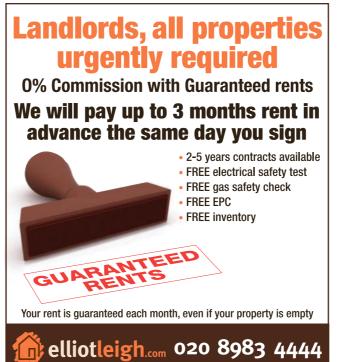
"Had it not been for Bill, I might have turned my back on the sport because of the financial liability.

"But he had faith in me. He had certain qualities as a fighter and I feel he has passed those qualities on myself, which is why I had the strength to become world champion.

"I have waited a long time for this moment and I want to enjoy it. If I could find an individual or a company to back me, I know I could go on to bigger and better things and rule my weight division for a long time."

Potential sponsors can call 07956 578449.







All our instructors



ISSUE 1101 16 - 29 MAY 2016



NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

CITY GATEWAY







LOVE

COHESION

INTEGRITY

CITY GATEWAY JUNE OPEN DAY

23 JUNE 2016 4-6PM

For those aged 16-18 and interested in starting a course in September:

Courses available in:

Business Administration

▶ Customer Service ▶ Health & Fitness ▶ Childcare

BOOK YOUR PLACE

0203 727 6222 admissions@citygateway.org.uk

City Gateway, 32 Mastmaker Court, E14 9UB citygateway.org.uk



Bex White, Interim Chief Executive My City Gateway journey has been a long one!



I was one of City Gateway's first crop of trainees -I came through their doors as a NEET young person from the Teviot Estate, Poplar and left equipped with skills, networks, and above all a belief that I could take hold of opportunity. I still live in Poplar, but my life today is so different to what it could have been, and I owe much of that to City Gateway's fantastic staff team back in 2002.

Our staff team remain passionate about tackling the economic inequality that remains in our local communities. Partnerships between City Gateway, our supporters and local people make things happen:

The young person who becomes the first in their family to have a job; the woman who has lived in Tower Hamlets for 20 years but has just had her first meaningful conversation in English; the children who get outstanding early years education to give them the best start in life, readying them to take full advantage of our fantastic local schools.

Thank you again for your engagement as we continue to work together to transform lives for children, young people, women and families.



Enable women from diverse backgrounds in Poplar, Stepney and Limehouse to be given gardening skills to transform urban spaces into edible gardens, fuelling healthy vibrant communities.

Our crowdfunding campaign is now live and we just need to raise 25% of our target to be in with a chance of getting a Mayoral pledge of 75%.

City Gateway Women's Programmes would love your support, to help get Roots and Shoots up and running.

You can pledge here: http://www.spacehive.com/RootsShoots





YOUTH WORK

"I discovered my passion for youth work at Limehouse Youth Centre and now I lead the Friday night Sports Academy."

Staff member (former learner)

▶ 020 3727 6300 ► 07580 585525 ► youthwork@citygateway.org.uk



PROGRESSION PATHWAYS (COURSES/ TRAINING/ APPRENTICESHIPS)

"Through City Gateway I became an apprentice at SThree. I don't think I could have made a better decision because now I have a permanent job working for them."

City Gateway Apprentice of the Year Award Winner 2016 and SThree employee

▶ 020 3727 6222 ► 07540 686503 ► admissions@citygateway.org.uk



WOMEN'S PROGRAMMES

"When I moved to the UK I felt disconnected, but City Gateway staff kept encouraging me. Now I have independence and can communicate confidently." Women's Programmes learner

▶ 020 3727 6287 ▶ women@citygateway.org.uk



EARLY YEARS - GATEWAY TOTS

"My son had a speech and language delay. Gateway Tots have helped him come out of his shell and he loves coming to playgroup and nursery."

Gateway Tots Parent

► Isle of Dogs: 020 3727 6292 ► Poplar: 020 7515 7878 ► info@gatewaytots.co.uk



CITY GATEWAY 14-19 ALTERNATIVE PROVISION

"My son is in an environment that truly seems to understand young people at a vulnerable stage of their lives. The staff at City Gateway are genuinely committed to supporting them."

Alternative Provision Learner Parent

▶ 020 3727 6222 ▶ 07540 686503 ▶ admissions@citygateway.org.uk

CITY GATEWAY 5TH MAY **9** 2016

Sponsored by

Gold Sponsor











Volunteer Group of the Year Winner: ISG



Nominees: ISG PwC Societe Generale

Special Contribution by Partner Organisation Winner: IBM



Nominees: **IBM** London Stock Exchange Ocean Regeneration Trust

Advocate for Youth Winner: Alison Mennecier



Nominees: Gemma McKenzie, ISG Alison Mennecier, Savills Linklaters

Advocate for Women Winner: State Street



Nominees: Diana Chu. Barclavs Caroline Wayman and Charlotte Heatley, Financial Ombudsman State Street

Line Manager of the Year Winner: Marie Broad, SThree



Nominees: Nadine Barr, Grant Thornton Marie Broad, SThree Peter White, Linklaters

The Savills Future Leader 2016 Winner: Darren Matthews



Nominees: Milena Karaichkova, Women's **Programmes** Harriet Lwanga, NHS Darren Matthews, Grant Thornton

The IBM Apprenticehip Programme of the Year Winner: PwC / Dentons



Nominees: ISG SThree PwC / Dentons

The Dentons Apprentice of the Year Winner: Olida Khanom



Nominees: Katie Bridges, Exiger Frank Hubbard, SThree Rahat Khairat, Thomas Eggar Olida Khanom, SThree

The Credit Suisse **EMEA Foundation** Special Recognition Award



Winner: Elaine Gibson, Facilities Manager, **NSPCC**

The experiences that service users receive at City Gateway have the power to shape the rest of their lives and put them on the path to becoming happy and productive members of their communities.



emsi INDEPENDENT ECONOMIC REPORT 2016



Are you a mature student and have GCSEs and work experience To you have A levels but missed your place at university or dropped out Then achieve a UK university degree via HND at ICON College.



ENROLLING NOW for MAY & SEPTEMBER 2016

QAA Reviewed

Quality Assurance Agency
for Higher Education

www.iconcollege.com 020 7377 2800 info@iconcollege.com





ICON COLLEGE

OF TECHNOLOGY AND MANAGEMENT

STATE OF THE ART IT & ENGINEERING LABS





LIBRARY & RESOURCE CENTRE



ENROLLING NOW for MAY & SEPTEMBER 2016

www.iconcollege.com

020 7377 2800

info@iconcollege.com



ENROLLING NOW for MAY & SEPTEMBER 2016

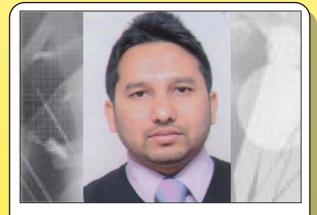




I am Patience and I am from Nigeria. I completed my HNC in Business at ICON College.

I LIKED STUDYING AT ICON COLLEGE BECAUSE ...

- The teaching staff are very friendly, informative and helpful.
- The teachers really encouraged me to achieve the best results and supported me in my studies.
- The lectures are very engaging and they really make learning at ICON College an interesting and enjoyable experience.



I am Md Shafiqur and I am from Bangladesh. I completed my HND in Business.

I ENJOYED STUDYING AT ICON COLLEGE BECAUSE ...

- ICON College offers unlimited wifi access to all students which means I can use my laptop in class!
- The College offers flexible study programmes which allow students to maintain a good balance between work, studies and family life.
- The College provides a wide range of support including careers and financial advice, and accommodation support, so we always have someone to advise us when we are facing hardship.



I am Silvija and I am from Lithuania. I completed my HND in Travel & Tourism Management.

I JOINED ICON COLLEGE BECAUSE ...

- I really liked the fact that ICON offers flexible start dates: they admit new students in September, February and May.
- All of ICON's lecturers are highly qualified and experienced, so I knew that I would be learning from some of the best academics in TTM.
- I thought it was great that ICON assigned an academic tutor to each student for the duration of their study.

www.iconcollege.com 020 7377 2800 info@iconcollege.com



ICON COLLEGE

OF TECHNOLOGY AND MANAGEMENT

UK & EU students are eligible for tuition and maintenance loans from the Student Loans Company*

AFFORDABLE UK DEGREES

*Please see website



ENROL NOW FOR:

BTEC Level 5 HND in

- Business
- Computing and Systems Development
- Electrical and Electronic Engineering
- Travel and Tourism
- Hospitality Management
- Health and Social Care / Care Practice

Progression Routes

BA, BSc, BSc/BEng (Hons) via HNDs (Final Year(s) at selected UK Universities)





www.iconcollege.com

020 7377 2800

info@iconcollege.com

Unit 21-22, 1-13 Adler Street, London E1 1EG

ENROLLING NOW for MAY & SEPTEMBER 2016